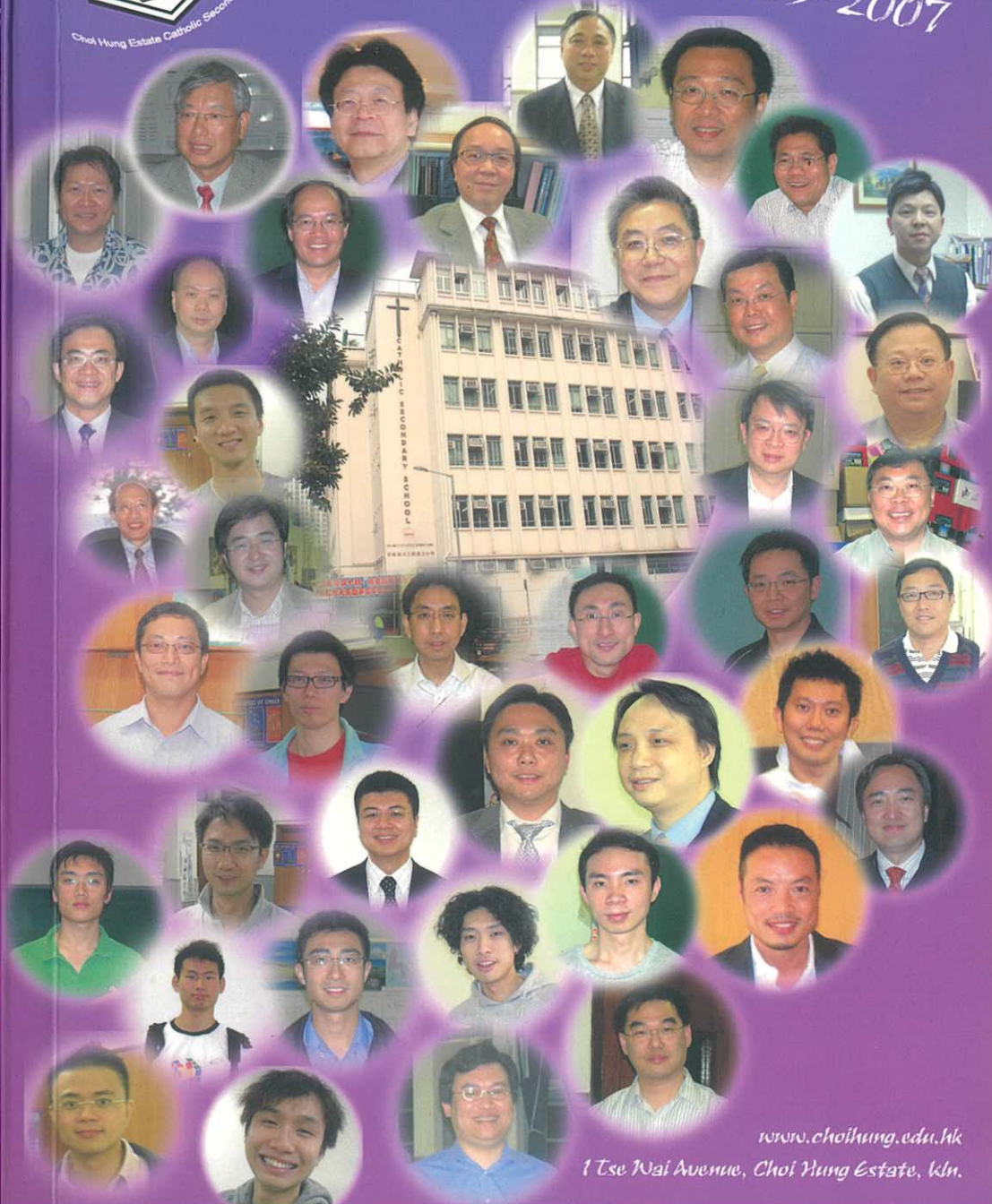




Choi Hung Estate Catholic Secondary School

The Way We Were 11

1965-2007



www.choihung.edu.hk

1 Tse Wai Avenue, Choi Hung Estate, Kln.



School Hymn

(1) State - ly sits the King of Hea - ven, in co - lours
 ra - dant He is clad; Ga - thered round in joy - ful
 num-bers, Are Choi Hung boys so proud and glad, (Ref.) O - ver the
 rain-bow, we will climb, e - ver da - ring, e - ver true, to the
 King, to the King of love and hope

- | | |
|---|---|
| <p>(2) Hope transcends the arch of heaven,
 In tongues of yellow blue and red,
 Bidding all be gay and joyful,
 Salvation's dawn true light has spread.</p> | <p>(3) See, His arms are always open,
 Mid rainbow hues He gently smiles;
 We shall follow Christ our leader,
 And proudly conquer satan's wiles.</p> |
| (Ref.) | (Ref.) |

The Way We Were II (April, 2008)

BY

CHOI HUNG ESTATE CATHOLIC SECONDARY SCHOOL





*Rev. Luciano Alleta, P.I.M.E.
Supervisor 1965-1972*

**Rev. Alleta was the founding Supervisor of
Choi Hung Estate Catholic Secondary School.
He passed away on 12th August, 2000.**

“Rev. Luciano Alleta was always walking around the corridor and looking at our studies. He was a very kind priest.” Alexander Wong, 1969 graduate

*“Fr. Aletta was very active in supporting student activities in leisure hours. Apart from serving as advisor, he always led the school management team in opening key activities in the Drama Club and Boy Scout Club to encourage active participation from all students”
Au Ting Hon, 1970 graduate*



**Official opening of our school (1966)
Rev. Luciano Alleta (Middle)**



PIME (an Italian acronym for Pontifical Institute for Foreign Missions) is a community of priests and consecrated lay men who dedicate their lives to announcing the Gospel. It was founded in Italy in 1850. Rev. Luciano Alleta belonged to this missionary.

Message from the Supervisor



Rev. Areechira Mathai James, SVD

When, the principal, Mr. Job Li, asked me to write a short message for the book “The Way We Were II”, I remembered an Indian movie called “Classmate”. It was selected as the best movie of the year. The movie was dealing with the past experience of students and their reunion in their college after many years.

As we know, in Hong Kong, we are all so busy that it is difficult to have longer reunions to share and listen to each other. I feel the book the “The Way We Were II” is a novel way of sharing the experience of people who were associated with the school. This book is a better way of sharing the experiences of former students and teachers. The people who read the book can read it in any way they want, which will give them more freedom to read one person’s experience at one time or if they are free, many experiences together. It can also be used as leisure time reading material. I appreciate and congratulate all the people who are involved in this project and wish them all success. My best wishes especially to Ms. Ernestine Arnold and her boys for their effort and hard-work.

May God bless all of you!

A handwritten signature in black ink that reads "James". The signature is written in a cursive style with a horizontal line underneath the name.

Message from Net Teacher

The first book, 'The Way We Were' researched and written by 3A English students, was a project to celebrate the 40th anniversary of Choi Hung Estate Catholic Secondary School. This project was met with so much enthusiasm and interest that the school administration asked me to organize students to interview for and write 'The Way We Were II.'



*Ms. Ernestine Arnold
2002-2008*

Students from Form 3 to Form 7 did the interviews and written reports for this second book. Some students were chosen based on their interest and enthusiasm for English. Others were chosen because they needed to gain confidence in their use of English.

As facilitator of this second book, I learned still more about the history of CHECSS. I was impressed that all of the old boys still spoke with such pride about their mother school. Many of them excelled in athletics as well as academics. Others excelled in athletics and later excelled in academics. Each of these types of old boys was a good model for CHECSS boys today. The writers learned that not all students need to be great at academics but hard work can get them to their goals. I think this is a valuable lesson for our CHECSS boys.

As I sat listening to the interviews, my heart swelled with pride for CHECSS students. From working with these students for 3-6 years, I knew how difficult it was for many of them to speak English while facing a successful CHECSS old boy. However, they did an excellent job! The smile of achievement on their faces after the interview is a picture that will stay with me for years to come.

I believe that 'the measure of a man is if he can make a difference in this world.' CHECSS old boys continue to make a difference in the lives of our young students today. As I come to the end of my stay at CHECSS, I continue to be impressed by the closeness of this 'Rainbow Community!' In my experience here, many things impressed me a lot, but none more than the feeling of fellowship among the 'Rainbow Boys!'

Ernestine Arnold 

Message from the Old Boys' Association Chairperson



*Mr. Ng Kwok Kwan
Chairman, CHECSSOBA*

This second issue “The Way We Were II” is a continuation of an earlier year’s work on the first booklet bearing the same title but with even more ardent stories to tell. The project “The Way We Were” was firstly conceived by the school’s Native English Teacher (NET) and then implemented with the effort of the Form 3A students under the directorship and guidance of Ms. Ernestine Arnold and the CHECSS Old Boys Association, with full support from the School’s Administration. You can expect to see new faces in this new issue, who are really representative of the long history and success of the School in “producing” remarkable and distinguished leaders of our society, in many walks of life. These gentlemen include entrepreneurs, academics, researchers, medical practitioners, senior executives and civil servants etc..

Being the chairman of the Old Boy’s Association, I have had the opportunity to meet many of the old boys, especially those of my age and era. To my surprise, many of the old boys told me two common things they would like to share with us: 1) They had not visited the School for a long, long time, only to see that the school has, in many ways, remained humbly

and physically the same but the faces have all changed. 2) They left the school as virtually “nobody” and now are men of substance and achievement.

One particular aspect about the stories of these old boys would be their rather inert or low profile appearance during school life in Choi Hung. As one old boy told me, many of the first few years graduates were virtually shut off from contacting the School after their mediocre results at graduation only because they passed through the turbulent times of the late 60s and early 70s. In the latter years, more and more have gone through their vigour years of continuous education and struggling in society.



Notwithstanding the difference, we can now see many of them flourished, became well established, confident and sociable. Some are even holders of the highest qualifications you can imagine! One thing in common is that they are all quite concerned about the school's development and keen in making a contribution to our alma mater, either in terms of money, advice or time. To this end, may I pass this message to the latest old boys that they should not evade the current challenges by making the excuse of having to face too tough social competition nowadays. To me, unbowing to pressure is the motto of Choi Hung spirit.

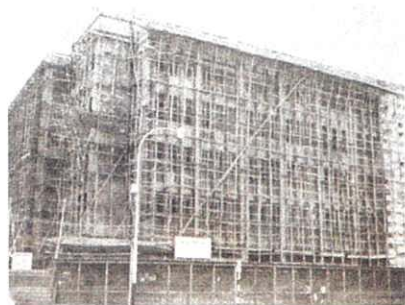
I would take this opportunity to thank those who have helped us during the past years in either coordinating with graduates of their times, by making contributions, donations or even only coming forward to enroll with us as members of the Old Boys Association. I especially pay my tribute to the few fellows who are so keen in promoting the fraternity of Choi Hung boys and their spirits, even though they are now in overseas countries.

Last but not least, I would also pass my regards to my Committee members, Principal Li Po Hung, Deputy Principal Y.Y. Chan and Teacher Y.C. Hau. Without their earnest effort, the Association would still be treading at the starting line.

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1965



1975

As it was in the beginning



Is now



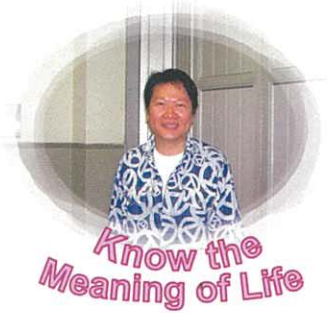
**And forever will be
“Rainbow Boys”**

1969 Wong Wan Choi, Alexander

Acupuncturist & Concert Supervisor

Mr. Wong Wan Choi, Alexander, first attended Choi Hung Estate Catholic Secondary School in 1965. He was a student here for 4 years. He did not take Form 5 in CHECSS.

At that time, Alexander was a prefect, so his conduct was good but his studying was not so good. He was good at Chinese History and Chinese Literature. Alexander and his classmates always went outside to play football in the playground where the car park is now. At lunchtime, they would play until 12:59 and then run back to the school. Also the canteen had good food e.g. dim sum. In winter, when it was cold, the dim sum warmed them. At that time, they had a fat supervisor, Rev. Luciano Aletta. He was always walking around the corridor and looking at their studies. He was a very kind priest.



Ken Ho Tsun Hung and Alexander Wong

Alexander Wong's favorite place in the school was the Hall because at Christmas he was chosen by the music teacher, Lok Leing, to join the choir. Alexander enjoyed this in the hall. It influenced him so much that he still sings to old people, who live in old folks' home, to entertain them. Usually, every Friday they had an assembly or ceremony in the School Hall.

While Alexander was a student, they did not have any clubs. They just played football or basketball with their classmates after school. He had to go home to Kowloon City to cook the dinner. It was a long way to go back home so he had to leave earlier.

Did he have a favorite teacher in CHECSS? Of course, yes! One of the teachers came from Shanghai, Mr. Ko Shok Wing. He knew French and was very kind. The relationship between him and the students was good. He taught them knowledge and good attitude. Sometimes some students' conduct was not good and they made mistakes. However Mr. Ko did not punish them. He encouraged them, gave some skills to them and made them start again to be better.

He and his classmates were students like we are, so they must have some naughty or funny things! They did not know how to talk with girls because they were studying at a boy's school. Some students would go out after school to meet the girls. He was a prefect, so he had to punish them.

When Alexander Wong was a student in CHECSS, Mr. Joseph Liu was the principal and a fat priest was the discipline master. The fat priest always punished



1968-1969 Form 4A

students if they did not understand the Bible. One day, the fat priest went out for a few days and a thin priest came. They were happy until they saw that the thin priest also punished them.

There are always rules at a school. In those days, they had

to wear a tidy uniform and have short hair. He agreed with all the rules as a student and as a prefect he must keep good behaviour.

Mr. Wong left at the end of Form 4 and went to another school to take Form 5. Then, he went to be a tutor for 2 years. After that, he went to TVB to learn to be an actor for a year. He signed a contract and stayed there for 17 years and then went to ATV to

be an actor. He just left 5 years ago to do his music. Now, he is a concert supervisor and acupuncturist. So a part of his career is for the heart (music) and a part for the health (acupuncturist). If he could return to be a student, he would study to be a teacher. Now he likes to teach people!

Know the Meaning of Life



He thinks English is very important for studying and his job. He said that undoubtedly, English is so essential for studying, even for singing. Alexander has to sing English songs. To be an acupuncturist, some patients are foreigners, so he must speak English to communicate with them.

Even though Alexander Wong has left CHECSS many years, he still has some advice for us.

He said that Choi Hung boys should communicate with the opposite sex and don't be too shy. CHECSS boys are good at sports but the heart is important as well as the body. He said, "You have to know the meaning of human beings. You have to know the meaning of your life. You must know more than what is in a book. Learning from the inside is more important."

Alexander had not returned here for a long time. The last time he was just passing by and met the principal. He offered to come by and teach Chinese Medicine to the students. Finally, he thinks that our school has not changed a lot but there are lots of banners now.

1970 Au Ting Hon, Paul

*Executive Director,
Kum Shing Group*



Paul Au Ting Hon, one of the old boys of our school, is now an executive of a construction company. He was a student at CHECSS from 1966-1970.

38 years ago, when Paul was still a student of CHECSS, the principal would have a briefing section during the morning assembly on Friday. It was always about asking students to obey the rules, promoting the awareness of politeness and obedience to teachers and parents. He said this gave him a very good memory, "The students were demanded to take care of the teachers" he said. "It made a very deep impression on me every Friday morning."

According to Mr. Au, there were not many facilities. The only entertainment was playing on the playground. "I was good at playing basketball. In fact, I was the team leader of the basketball team for external competition." he said. He used to spend 2 hours a day playing basketball. He would finish his lunch in 15 minutes and use the time that was left to play basketball.



Jeff Cheng Hong Sing and Au Ting Hon

He said there were not many clubs at that time. He remembers that there was a Photography Club and a Music Club but he was not interested in these clubs because he just liked athletics, like basketball and football.

For his favorite teacher, Mr. Chan Wo was his choice. He said Mr. Chan Wo had a teaching method – detailed problem solving. The other teacher that he remembers well is Mr. Michael Chan, who taught him English in Form 4. "He tried his best to find out a suitable teaching method for us" Mr. Au said.

The principal at that time was Mr. Joseph Liu, who was replaced later by Mr. Peter Wong. The Discipline Master was Mr. P.W. Au Yeung who was teaching Form 1 and Form 2, while Mr. Au was studying in Form 4 and Form 5. According to Mr. Au, he was a very nice teacher.

After graduation, Paul Au spent two years at Hong Kong Technical College, (later known as HK Polytechnic Institute), studying Electrical Engineering. He graduated from there in 1972, then he got a job as an Engineering assistant in the Public Works Department. After that, he changed to China Light Company. Later, he quit and went to further his studies in Electrical and Electronic Engineering. And now, he is an executive of a construction company.

English Is Important



The skills that he had learnt from our school that helps him in his present job was mainly communication skills. "When you go out to work, it's a different world" he said. He thinks that communication is very important for his present job. He also thinks that English is very important. "The major documents are written in English. It is very difficult to survive without a good command of English," he said, and I totally agree with him.

He said that secondary school is very important for career development. Students should prepare themselves with all the knowledge they need to serve society. He suggested that we should learn the value system: self-discipline, fairness,

liberty, affection and caring for society. We should be active and participate in all the external activities and make good use of the school environment to train social skills and teamwork.

Mr. Au feels that the school is much better today than in the olden days. He said, "The teachers are hard-working and provide a lot more training for the students, especially after school hours. In our day, we had to go home after school hours because there was nothing to do. The facility has been much improved since my day."

During this interview, I've learnt a lot. While we are talking, I can know more about my school.

Editor's note: We would like to thank Mr. Au who assisted us in obtaining enough power supply for the school's air conditioning system in 1992 when he was a District Manager of the China Light and Power Company.



Power Room



We have been enjoying air-conditioning since 1992!

1970 Chan Fook Tim, Andy

*Assistant General Manager,
Gold Bridge Shipping Ltd.*

Mr. Chan Fook Tim, Andy, was one of our students during 1965 to 1970. While he was studying here, he was a quiet and well-behaved student. He did not do anything naughty to break the school's rules or interfere with the lesson at that time. He said, "In those times, not many teenagers could go to secondary school so we appreciated going there so much that we used to obey all the discipline. We were well-behaved in order to have the best learning environment." So the principal, Mr. Joseph Liu, and the discipline master, Mr. Peter Wong, really appreciated these students.

At that time, he was not active besides studying. He put all of his attention on studying and did not join any clubs or use special facilities during his school life. After school and on Saturdays he had to work at a job to help his family.

After Andy Chan graduated from our school, he threw himself into work instead of continuing his schoolwork. He became a warehouse worker even before his oral exam in HKCEE. But later on, he got sponsorship from his company to study different subjects and courses and received diplomas from universities including Hong Kong and China. He studied: Office Management, International Marketing, Management Communication and Accounting.



Andy Chan and Tse Wing Chuen

Andy Chan is now an Assistant General Manager of a shipping company. He finds that his English skills are so essential as he works with many countries so English became his working language. So he encourages our students to use more English. When he was a student at CHECSS the students had to use English when they entered the school every day. He said he thinks the name of the school, at that time, was Choi Hung Catholic English Secondary School. Even after school, he would spend time chatting in English with classmates.

In 2006, Mr. Chan came back to our school to hold a course in public speaking. He learnt this skill when he was 50 years old and found out that it is so important. So now he is devoted to teaching public speaking in different schools.

When he was back at CHECSS, he thought the school had changed. It became old and is not as large as in his memory. He recalled that the school looked so big when he first came to it. Also, he feels it is a pity that the word 'English' has been dropped from the school name.



Improve Communication Skills



Finally, he advises our students to improve their communication skills, as it is so useful to our future life whether working or building relationships with others. He said, “Young people should master their communication skills, both oral and writing skills. Young people should master Putonghua and Cantonese too. When you are working outside, you have to communicate with many nationalities.”

It was a treasurable experience to talk with Mr. Andy Chan. During the interview, he was kind and humorous. It was my honour to interview him.

Editor's note: We would like to thank Mr. Chan for assisting the School in providing public speaking training to our boys in the summer holidays, 2006. However the name of the School has not been changed. Please refer to the Certificate of Registration.



*Mr. K.K. Lee,
(right) advisor
to the Group.*

FORM 2
表格二

[s. 10(3)]

EDUCATION ORDINANCE, 1952
一九五二年教育條例
Certificate of registration of School
學校註冊證書

This is to certify that the under mentioned school has been registered under the Education Ordinance, 1952.
茲在下述學校獲准照一九五二年教育條例之規定登記合行發給學校註冊證書此証

Registered name of school

學校註冊名稱

(in English) Choi Hung Estate Catholic Secondary School
(英文)

Registered name of school

學校註冊名稱

(in Chinese) 彩虹邨天主教英文中學校
(中文)

Type of school—day/evening Day School

何種學校——日校/夜校

Address: Choi Hung Estate, Kowloon.

校址



(J. P. Stocks)

P. Director of Education.

香港教育司

Hong Kong 24th November, 1966.

一千九百 年 月 日

N.B.: This school, originally registered on 8.6.1966 under the name of Choi Hung Chuen Catholic Secondary School at Clear Water Bay Road, Kowloon, is now registered under the above name at the above address.

WARNING
警告

Registration of a school does not release the management committee or the proprietors 學校之註冊並不能豁免該校校董或校主等遵守一九五五年建築條例或其他條例之責任亦並不因該校經已註冊而致影響或更改一概有關該建築物作為學校用途之合約 to the premises intended for use as the school.

1970 Ho Chiu Fan

*Chief Project Manager,
Architectural Services Dept.,
HKSAR Government*

Ho Chiu Fan was a student at Choi Hung Estate Catholic Secondary School for 5 years. He entered the school in 1965 and he graduated in 1970. During this time, Mr. Joseph Liu was the principal.

At that time students always agreed with all the rules. Mr. Ho agreed with them all too. They had to obey the rules; there was no question!

Mr. Ho has many memories of his school life, which he said he would treasure the rest of his life. While a student at CHECSS, he was in the Scouts Club. One of his best memories is his scout life in CHECSS. He remembered that they were the first scouts at this school.

As far as he can remember, he received two prizes for Art and one for Chinese composition.



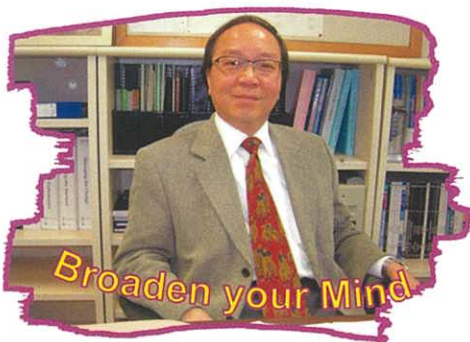
While C.F. Ho was a student at CHECSS, he seemed to be a very disciplined student. He wasn't naughty but he remembers when he was a Form 1 boy, the class gathered money to buy a football, so they could play outside. One day an outsider came and took the ball away. So they reported it to the school at that time. A teacher went out with them to find the gangster but there were no results. But from this, he learned that there are a lot of bad people around. They had to be cautious and realized that life is not always peaceful.

When Mr. Ho and his friends were young they liked to play football outside the school. There was a large open playground which is now a car park. He played 3 or 4 times a week there after school.

His favorite teacher was Mr. K.S. Yip who was his Form 4 master. He taught Chinese language and literature. A few months ago, they had dinner with him.

After Mr. Ho left our school, he went to Wan Yan College to continue his studies. Then he went to Hong Kong University where he studied Architecture. Now, he is a qualified architect and his present position is Chief Project Manager in Architectural Services with the Hong Kong Government.

Some skills he learned at CHECSS that helped him in his career are: he learned to have self-confidence and to be patient with the people who work with him and to be humble.



He thinks English is important in his present job because when he meets some people from other countries, he will speak English. He said “English is a global language, so we should master it.”

Mr. Ho also gave a lot of useful advice for us. He said, “Try to read more books and newspapers to broaden your mind. Try to listen to and understand others. Be responsible and follow through in your own decisions.”



Kevin Chan Kin Fung and Ho Chiu Fan

Broaden your Mind



Now, C.F. Ho’s present feeling toward CHECSS is that it is very small. When he was a Form I boy, he thought the school was very big. When he comes back to see the school now, he thinks it is so small. Maybe the standard is different too!

I enjoyed doing the interview with Mr. Ho. It is interesting to share with an old boy and hear something about our school. I agree with Mr. Ho when he said our school is small, but I love this school. Although this school's size is small, I love it because I learn many things here. I grow up here. The teachers and classmates are like my family members. CHECSS is my family!



Lung Cheung Road in 1960s'



School official opening day

1971 Dr. Wong Cheong Yiu, Peter

Business Consultant

Dr. Peter Wong attended Choi Hung Estate Catholic Secondary School in 1966. He graduated in 1971 after Form 5. During the time, Mr. Joseph Liu was the first principal and Mr. Peter Wong was the discipline master (Mr. Peter Wong also was the second principal of the school).

At the time, most students would obey the rules, for example, 'no talking at the morning assembly, wear the hair short, and straighten the tie.' They did not need punishment. They only needed a warning. For some students, who were worse than others, the parents were asked to come or there was some sort of demerit system. This was black mark on the student's record. If the students had too many demerits, they would get more serious punishment.

Students had many choices of school clubs to join. Mr. Peter Wong was in the History Club and the Geography Club.



Chan Ka Shing and Dr. Peter Wong

While Peter Wong was a student at this School, he always had fun. He told me about one funny thing that happened to him and his classmates. The first day that he joined the school, the class was very talkative. His teacher Mr. M.T. Lok, was very annoyed with them. He asked them who talked so loudly. Only Peter Wong raised his hand. The teacher didn't punish him, but Mr. M.T. Lok punished the rest of the class. He thought that was very funny.

When he studied in Choi Hung Estate Catholic Secondary School, two teachers stood out in his mind as being very special. One was his History and English teacher, Mr. David Leung. He could arouse the student's interest in these dull subjects. Another teacher was Mr. Y.H. Sung, who taught Geography. He took special care of the students and shared his experience with them. Each year, he took them for 2 or 3 outings to broaden their worldwide view.

When Dr. Peter Wong was a student at our School, he loved the library, because he could borrow the books. And also, he loved the playground too, because they could play there and have a lot of fun.

If he could live his school again, he would not change anything since he had a really good experience at CHECSS!

After Mr. Peter Wong left our school, he studied Business and Engineering at university. Through part time studying, he got two professional qualifications in



Keep Lifelong Learning

banking and company secretary, an MBA with distinction and a Doctor of Engineering degree. He began as a clerk in the Hong Kong government and got promoted up the career ladder. He is now a Business Consultant at his own consulting firm. Also while studying in CHECSS, he got a very good English foundation. This helps him in his present job.

English is very important to him because he can connect with his friends overseas and communicate with people from all over the world. Finally, Dr. Peter Wong advises us to try our best and keep lifelong learning so as to cope with the ever-changing world!

Dr. Wong is proud of Choi Hung Estate Catholic Secondary School. He said, "I am especially proud of how CHECSS educates students from middle and lower class in the district. Lots of our graduates turn out to be very successful. CHECSS is also famous for sport and has won lots of prizes. I am proud of being a student at Choi Hung Estate Catholic Secondary School."

Keep Lifelong Learning



1969-1970 Form 4B



Athletic Team sweeping nearly all boys awards at WTS Schools ' Welcoming Beijing Olympic Athletic Meet'



Junior boys performing English drama at Evangelization Variety Show in a primary school

1973 Leung Siu Hong

CEO

TDK China Co., Ltd.

Leung Siu Hong studied in Choi Hung Estate Catholic Secondary School in 1973 as a Form 5 student. At the time, Mr. Joseph Liu was the principal. Mr. Peter Wong was the Discipline Master.

He remembers that they didn't have a big campus but the teachers were very kind and wanted to help the students. There were a lot of friends who grew up together. They studied together, played together and sometimes they didn't show up to school together!

In the school, Mr. Leung spent a lot of time in the library and labs. It was different from today and it wasn't so convenient to go to the public library, so they borrowed books from the school library to help with academic subjects. He spent maybe two hours a week in the library. He lived far from CHECSS, so it took about one hour to go home and he didn't have much leisure time.

Siu Hong joined the Chess Club and the Basketball Club. He said there were a lot of good teachers but his favorite teachers were the English teacher and Maths teacher. It was because they spent a lot of effort on the students and provided activities after school for the students.



Ken Fung Kin Kan and Leung Siu Hong

One naughty thing he remembered was: one of his classmates tried to lock up the teacher of Chinese. He was locked in for one hour. The lock was different in those days. The classmates took away a part of the lock and so the door couldn't open from inside or outside.

Mr. Leung had to obey some rules, for example, they wanted to have long hair. So some classmates tried to keep their hair long but they were forced to get it cut. As a student, he felt he needed to follow all the regulations of the school.

After he left Choi Hung Estate Catholic Secondary School, he studied in Hong Kong Polytechnic University and graduated from there. He studied Production and Industrial Engineering.

He said he learned discipline and basic Maths skills as a student at CHECSS and this helped him in his present job. He also said that English was a 'must'. All his customers are English speaking. So his English skills are very important.

Mr. Leung gave some advice for CHECSS students today. He said he just heard from the vice principal that the English ability was improving. In his time there was a one-way transmission. Everyone sat down, listened to his teacher and when the



time was up they went home. He said, “The only secret to improve English is to talk more and watch TV more. TV has English captions now, so you could learn a lot. Don’t be too scared to speak in English in case someone laughs at you. No one can guarantee that in the next five years that your English is better than other people.”

Don't be Scared to Speak in English



His present feeling is: he hadn't returned to CHECSS for a long time. The school is much older and smaller. It seems the teachers are very eager and concerned about the students' future and how they can help the students achieve their goals.



1971-1972 Form 4E

English ambassadors serving hundreds of students in 'Primary Six Mock Interview'



1974 Chan Hip Kai, Philip

Managing Director,
Business Advisory Services

Mr. Chan Hip Kai, Philip, who is now working in Canada, graduated from Choi Hung Estate Catholic Secondary School in 1974 as a Form 6 student. At that time, the school principal was Mr. Joseph Lau and the discipline master was Mr. Peter Wong, who did not punish Mr. Chan at all.

In Mr. Chan's school life, he enjoyed playing inter-class basketball and volleyball games, so he liked the playground best. Mr. Chan and his friends went there every recess and after school. Besides the school playground, they went outside for playing soccer. Sometimes there was a basketball match, so they stayed on the school playground. Although he really loved to play and watch sports, he was not a member of any sports club. On the other hand, he was the Chairman of the Chemistry Club in Form 6. In addition, he was one of the head prefects and a member of the Maths Club.



Be Persistent

Be Persistent



Mr. Chan said he cannot remember the school rules in the past.

But as a student in a Catholic school, he thought that the rules include: no long hair, no smoking, etc. Besides, he told us that everyday there were funny things in his study life. He didn't think



Lam Cheuk Hin

that they were naughty. When they finished a soccer activity they were very relaxed until they went into the classroom. He thinks this was normal rather than naughty.

While Mr. Chan was still a student in our school, Mr. C.W. Kong, who taught him Chemistry, was his favorite teacher because of his different ways of teaching. He also allowed them to sit where they wanted. He told them about his university life and how he enjoyed having discussions with his classmates. Mr. Chan said, "At that time, I determined that I wanted this kind of life". After studying Form 6, he was the first CHECSS student to go into the Chinese University of Hong Kong.

In the university, his first degree was Bachelor of Business Administration, and his major was Marketing and Economics. When he studied his Master degree later, his major was Economics and Finance. Mr. Chan is now working for marketing and business development in a company, which has about 200 stores in the United States.

He thought playing football and other sports helped him to be fit and to learn teamwork. It trained him to use an analytical mind in the business community.

English is another necessary thing for working. After graduation, all the meetings and interviews were in English. In Canada, he has to speak English in his daily life.

Lastly, he advises us to be persistent. When we are going to decide to do something, persist in it! He said that he was an ordinary student in CHECSS but once he made his mind up to be persistent, he surpassed his classmates and realized his dream.

Finally, Mr. Philip Chan said that the only thing he knows about CHECSS today is that they are still very strong in sports. He initiated to organize meetings for a group of about 20 old boys from CHECSS, in Canada. They get together often for dinners or picnics with their families. He said, "It keeps the spirit"!



The beloved but sub-standard Basketball Court has recorded many invaluable memories.



勇 向
往 著
直 標
前 桿

「忘盡我背後的，只向在我前面的奔馳。」
(雙語: 13b)



主 莫
賜 怕
力 痛
量 苦




1974 Dr. Chan Wing Shui, Kelvin

*Deputy Head, US DMPK-s
Sanofi Aventis*

Dr. Chan Kelvin, who studied in our school from 1968 to 1974, said that he had a lot of memories when he was studying at Choi Hung. He was an average student. Most of his friends stayed with him from Form 1 to Form 5 and some returned here for Form 6 and 7. The school taught him a lot. He grew from a young boy to a young man here. He developed his Maths skills. Back then many students did well in the Cert exams. He also learned to play soccer and basketball here. He keeps in touch with a few life-long friends even though he left this country 34 years ago.

Dr. Chan's favorite place was the Science Lab on the top floor. He got to do hands-on experiments there. He became a scientist from his interest there. He spent about 2 lessons a week in the lab but he spent time there also on after-school projects. At that time, our school didn't have many clubs. He doesn't remember but probably, if he had joined a club it would be the Science Club and maybe the Soccer Club.

When we were talking about the naughty things that Kelvin did in the past, he said he used to play a lot of tricks on the teachers. There was a music teacher who would get things ready for the class. One of them damaged the lock, so he could not get out. They also used to tape students to the chair.

At that time, the principal was Mr. Joseph Liu. He passed away later and the discipline master, Mr. Peter Wong, became the principal. His favorite teacher was Mr. P.C. Lee, the Maths teacher. He said that he was excellent!

When we talked about the rules, wearing no long hair and tidy school uniform were the main things that he remembered. He didn't like lining up at assembly and when they went to go upstairs, there was absolutely no talking. The supervisor, a priest, would stand on the first floor to make sure there was no talking. Kelvin said that long hair should be allowed. Also, talking should be ok when we are walking around the school, but not during the lessons.

Dr. Kelvin had no awards, as he was an average student. He said he would study a little harder if he could study in Choi Hung once again. He got a lot out of



high school here. A lot of the students here came from different backgrounds. This was a new school with a wonderful environment, so a lot of students loved to come here. He said that they got a lot out of it educationally and they grew up here.

After studying in Form 6, Kelvin went to USA. He got a Bachelor's Degree in Chemistry, and then he got his PhD in Chemistry.

Dr. Kelvin said that the things he learned in Choi Hung help him, a lot, in his present job. He does research in the pharmaceutical industry. His specializes in drug metabolism. He studies how a drug works in the body, the effects it has and how long it lasts. This determines how often people have to take medicine, for example 2 times a day or 3 times every so many hours etc.



Ng Sze Chung and Chan Wing Shui

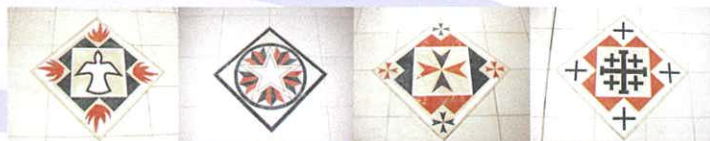
Discover Your Interests



Dr. Kelvin Chan thinks that English is very important for his present job. He now lives in America. His company is French, so now he has to learn some French as well. He had learned a lot of skills in Choi Hung. This school had a high academic standard. They had to work hard and be persistent. Students had to take the extra step to understand what was needed. So that helps in his research. If it doesn't work out the first time, they have to be persistent to make attempts to make it work out.

Dr. Kelvin's advice is: we have to discover our interest. Chinese students tend to do what their parents want them to do or what may be financially rewarding. That can get us so far but in order to have a happy life you have to like what you do. It is no good for a principal or a teacher to push you into something. He said, "If you don't buy into it, you will fail. But if you like it you will succeed. So find your interest, stay with it and work hard. Stick with it and you will have a happy life."

Last but not least, when Kelvin was here it was a new school so it has aged a little. Back then the lessons were in English, so that helped him a lot since he lives in America. He said, "To deal with the outside world you need English. No matter where we go, to Europe or wherever, English is used at meetings etc. Chinese is important too as China is now becoming a competitive country."



1974 Cheung Kee Tong

Senior Engineer
Highways Department



Mr. Cheung Kee Tong attended Choi Hung Estate Catholic Secondary School from 1968 to 1974. At that time, Mr. Joseph Liu was the principal and Mr. Peter Wong was the discipline master whom Mr. Cheung Kee Tong felt was really nice and easy going with students on discipline matters.

When asked about fond memories of his school, Mr. Cheung said, “ All my school life was mightily sweet.” He didn’t join any clubs but he played on the football team, which took a lot of his time.

In the school, we have a lot of rules to obey, for example, keep the hair short, be polite to teachers, principal and schoolmates. Mr. Cheung Kee Tong was a good student. He thought it was only natural for him and the other students to have short hair and a tidy uniform.



Lee William

Anytime, our school playground is the schoolmates’ favorite place. Most of the students like to play ballgames in the playground at lunchtime and after school. Also, we have a lot of matches at the playground every academic year. So it was no surprise that the playground also was Mr. Cheung’s favorite place too. It opened wide to him a new horizon and Mr.



Mr. M. Chan

Cheung spent most of the time there beyond and between the normal school hours.

When Mr. Cheung Kee Tong studied in Choi Hung Estate Catholic Secondary School, he was very grateful to each and every teacher who nourished him throughout. He particularly and gratefully remembered Mr. Michael Chan and Mr. David Leung. In speaking about these two teachers, Mr. Cheung said, “ I siphoned from them not only the knowledge and experience confined in the classroom but also their ideas, views and vision that belonged to the alien, adult world. I am very indebted to them.”

After he graduated from CHECSS, Mr. Cheung went to the Hong Kong Polytechnic University to study the Diploma course in Civil Engineering. He then worked in a local construction firm for a year. He continued his first degree in Civil Engineering in London, where he spent a most enjoyable three years. After that he came back to Hong Kong to work. He gained his professional qualifications and in the early 90’s completed his master degree in Urban Planning as well as the MBA degree.

And now, Mr. Cheung is a Senior Engineer working in the Highways Department in the Hong Kong Government.

To help in his present job, he could not single out a particular skill that he learned at CHECSS. The experience and knowledge that he learnt during the days in CHECSS helped him to take shape as how he is now. In other words it was the all round experience and the bits and pieces of knowledge that he learnt, conscientiously or unconscientiously, during the school life that counted.

Also, Mr. Cheung thinks that English is important in his present job. He said, "It is a must! I cannot do without it" He uses it everyday for communication, writing, speaking and even dreaming. So he thinks that English is a foreign but not a strange language, and he still enjoys learning it everyday.

Finally, Mr. Cheung Kee Tong has given some advice for CHECSS students. He advises us to enjoy learning the language because it is the tool with which we can better understand the past and the present and interact or communicate with others in the world. Also it will keep opening up new horizons and broadening the vision. He suggested that those who like soccer shared read some commentaries in the English newspaper or on websites because these articles have the best-written English, which is easy to pick up.

In addition, Mr. Cheung also thinks that time flies and the CHECSS is now very different from the one he was familiar with, both in its appearance and personnel. His final statement was, "If time allows, perhaps I can do something for the School."

Open Up New Horizons



Open up new horizons at the Great Wall.



Boys sponsored by the OBA opening up new horizons in Crimsons Summer Students Exchange Programme.

1974 Chu Wing Keung, Edmund

Marketing Manager
Karlight Industrial Ltd.

Mr. Chu Wing Keung, Edmund, an old boy of our school, attended CHECSS from 1967 to 1974. In those years, Mr. Joseph Liu was the principal of the school and Edmund Chu had a fond school life.

He was a member of the school basketball team, grade C in Form 2 and grade B in Form 3, and he mentioned that it was his fondest memory. The team won medals in Kowloon District in 1970 and 1971.

It is reasonable for us to assume that Edmund Chu had joined the Basketball Club or other sports club during his school life. But, as a matter of fact, the Basketball Club was not yet established and so he joined the Stamps Club in Form 2 and the Physics Club in Form 6.

Reflecting on the facilities of our school, Edmund Chu found the basketball court to be his favorite place. He used to play basketball at recesses and lunch hours and he thought he spent, approximately, 5 to 6 hours weekly on basketball.

Mr Chu said his class did not do many naughty things because they were supposed to be good and obedient at that time. He admitted that the funniest thing was the nickname making for the teachers.

Mr. Lee Po Chuen, a Mathematics teacher at that time, was his favorite teacher. He found Mr. Lee keen in teaching and his skill of teaching was good. It was difficult for Edmund to recall when Mr. Lee left. The only thing he knew was that Mr. Lee had moved to Canada and his younger brother was one of his classmates at that time.

Students may, nowadays, find the school rules ridiculous and unreasonable. However, at the time when Edmund attended school, he and his mates were not that rebellious to the rules. They even found the rules suitable and reasonable. The rules were things like: no long hair, wearing the school tie, no talking during morning assembly and being punctual. Mr. Peter Wong was the discipline master and



Jorge Carvalho and Edmund Chan

also Edmund's English teacher. Frankly, Edmund thought the rules were good because they made the students more responsible. Also, Edmund was one of the two head prefects when he was in Form 6.

After Edmund Chu graduated, he attended the Chinese University of Hong Kong. His major subject was Accounting and the minor one was Finance.

Edmund is now a marketing manager of a manufacturing company. There are 13 staff in the office. The products are knitwear and sweaters. The manufacturing part is all carried out in China but the merchandising part is carried out in Hong Kong. When clients go to the offices, Edmund will accompany them to see samples. He found English not necessary for the factory aspect because the factory is in the Mainland but English is useful and vital for the daily communication through e-mails with the Europeans and the North Americans. He thinks that the communication skills and organization skills which he acquired during his school life has helped him with his career.

If he got a chance to live his school life over, he would not change but would spend more time on English enhancement because he thinks it is the key to his later studies. He thinks he would spend more time on the textbooks as well as on teachers' notes. He added that students should not only rely on the notes teachers give for reference of examination. There is always much information in the textbooks and we can learn more. Also he advised us that we should not use the Internet English and abbreviations of English words like "Maths" and "Chem.", "Bio" but should use the whole word "Mathematics", "Chemistry" and "Biology". It is because it weakens our spelling skill when we use abbreviations and also the foreigners do not understand those Hong Kong abbreviations. They only know the whole word instead of only "CHEM." or "BIO." orally.

Work Hard



1973-1974 Form 7A

Finally, Edmund Chu felt that Choi Hung is much better both in sports and academic results than before. However, he added that we could be better if we work hard and not spend too much time on the electronic devices.

1975 Chan King Hung, Andies

*Communications Manager,
Operations Control Center, MTR Company*

Mr. Chan King Hung, Andies, left Choi Hung Estate Catholic Secondary School a very long time ago. He had studied here for 7 years from 1968 to 1975. During this time, Mr. Joseph Liu was the Principal and the discipline master was Mr. Peter Wong, who later became the Principal.

When Mr. Chan studied in Choi Hung Estate Catholic Secondary School, he hadn't worked hard in his academic subjects. He said the most interesting times were when he trained for track and field and played football.

When Mr. Chan was a student in CHECSS, his favourite place was the playground and the sports ground. He always stayed at these two places for 2 or 3 hours everyday before he went home.

During Mr. Chan's secondary school life, he had just joined the Geography Club. He said all the English teachers were his favourites. He wanted to improve his English very much, so when there was an English class he paid close attention. English was his favourite subject.

Responsible and Upright



Mr. Chan obeyed all the school rules. He said his parents always told him to follow the rules. And his parents always reminded him to cut his hair and not wear the bell-bottom trousers. He said they were sometimes naughty. He remembers that they used to throw the football around the classroom. One day the football hit the fan and was knocked out of the window to the street. Someone in the street threw the football back through the window. The teacher was writing on the board and didn't see what the naughty boys at the back of the class were doing!

Andies Chan didn't win any academic awards but he won a lot of sports medals. He said that he represented the school each year in the invitational relays at other schools' sports day events. He said if he could live his school life over, he would get help for his academic subjects because he didn't do very well with them.

When Mr. Chan left CHESS, he went to work for a telephone company for 3 years. Then he joined an airline company. In 1979, he joined the MTR Company where he has worked for 29 years. Now Mr. Chan is a Communications Manager for the Operations Control Center of the MTR Company.

At last, Mr. Chan has this advice for CHESS students. He said, "Work hard on all subjects. Try to balance with sports if you can. All people have to be responsible and upright."



Chung Ming Cheung

1975 Dr. Chiu Sik Ho

Medical Doctor

Dr. Chiu Sik Ho first attended Choi Hung Estate Catholic Secondary School in 1970. He was a student here for 5 years. He graduated in 1975. During this time, Mr. Joseph Liu was the school principal, and Mr. Peter Wong Ho Wai was the discipline master. They were very strict. The students were quite scared of these two figures.

At that time there were rules that students had to follow. They had to learn to obey whatever rules were printed in the regulations. The students were punished if the school regulations were violated so one had to be careful not to get caught.

In that time, students had few choices of school clubs to join. Dr. Chiu joined the Maths Club and the Photography Society. He also liked to play ball games such as table tennis, soccer and basketball games in the early morning, at lunchtime and after school.

Many places in CHECSS were Dr. Chiu's favorite. But his most favorite in our school was the "dark room". Since he was a member of the Photography Society, he could always go to the "dark room". He enjoyed printing and enlarging photos. He went there about 3 times a week.

Mr. D.P. Law



Dr. Chiu's favorite teachers at CHECSS were Mr. Michael Chan and Mr. Law Dick Ping. Mr. Michael Chan was his English teacher during Form 5. He always supported Dr. Chiu both psychologically and academically to have a 2nd attempt in HKCEE. He made Dr. Chiu believe that he would get a pass in English, (and he did). Dr. Chiu was so very thankful. Also Dr. Chiu thought Mr. Law Dick Ping, a Chemistry teacher and later vice principal, was very good.

All students do something naughty in their school. Dr. Chiu said some classmates used the Bunsen burner to burn potato strips and ate the experimental grapes before the Biology lab lesson. So they couldn't have any positive readings for their lab activity! He also remembers that they were throwing the soccer ball during the Chinese History lesson. The ball got thrown, accidentally, to the ground floor. It ended up in the principal's office. Dr. Chiu said that day was a real disaster!!

As a student in CHECSS. Dr. Chiu had received 3 awards, including the silver medal in shot-put and a champion and 1st runner-up in a photography competition.

In 1975, his first HKCEE result was not good, so he repeated as a Form 5 student in CHECSS. In 1976, after the second attempt at HKCEE, he went to



Be well-prepared



1973-1974 Form 4A

Maryknoll Father's School to study Maths. Later he graduated from Hong Kong University as a medical student.

Now, Dr. Chiu is a private practice family physician in the public housing estate in Tai Po. Thinking back if he could live his school life over, he would be more

studious in preparing for the public exams during the first sitting of HKCEE. He also thinks he would participate more in social services.

Dr. Chiu feels that while being a student at CHECSS, he learned to listen to people. He thinks that this can help in his present job. In the past, they needed to pay attention to what the teacher was saying. Now he needs to see a lot of patients to cure their health problems. He needs to be able to think and calculate every step to solve any problems every day.

Vincent Tsoi Wai Sing and Chiu Sik Ho

Be well-prepared



Dr. Chiu thinks

English is very important in his life. He needs to use English to finish daily operations, ether writing or speaking or continuing his professional education.



Dr. Chiu feels CHECSS is a little different now. He thinks we have more lady teachers in our school now and it has a homier atmosphere. He said, "The school buildings now seem smaller than what we believed when we were here. But, for a small school, we were glorious and out-standing in sports and science subjects."

The advice from Dr. Chiu to our students in CHECSS now is: get well prepared, work hard and study hard for the public exam. "Never underestimate the importance of English and Chinese languages in your future career path", he stressed.



1976 Dr. Lam Tsun Ngai

Medical Doctor

Dr. Lam Tsun Ngai attended Choi Hung Estate Catholic Secondary School in 1971 and left in 1976 after Form 5. During this time, Mr. Joseph Liu was the first Principal and the discipline master was Mr. Peter Wong.

At that time, most students would obey the rules, such as keep the hair short, cannot say foul language etc.

In Dr. Lam's generation, most of the students wanted to be trendy so they bought their own bell-bottom trousers. Sometimes, the prefects had to measure the bottom of the trousers (they couldn't be any more than 20 inches wide). Students were punished if they did not obey the rules. He said they didn't use foul language where the teachers were but sometimes used it in ball games. He remembered one time when he and one of his classmates were shouting foul language and the Principal walked by. Lam Tsun Ngai saw the Principal coming but his classmate didn't. So the classmate got punished! He said that he thought most of the rules were reasonable. He thinks they tried to break the rules simply because they were rebellious teenagers at that time.

Students had many choices of school clubs to join. Dr. Lam was a member of the Biology Club and the Photography Club. But the most memorable club was the boy scouts. He said it was a good time for him to learn the skills of communication and to get along with people.

For the fond memories in Lam Tsun Ngai's 5 years school life in CHECSS, he said, "It was a very important part of my life. It was a time when I grew from a kid to a young man." In these 5

years in CHECSS, Lam had a good time sharing with his classmates.

Mr. Lam got 2 demerits because of his naughtiness. He was trying to put some itchy powder down his classmates back to trick his classmate during the PE lesson when they were changing! Also, there were no lady teachers at that time, but this changed in the last year of Mr. Lam's school life. Lam remembered that they played around and teased a new teacher because they were not used to a lady teacher.

When he studied in CHECSS, one teacher stood out in his mind as being very special. That was his Biology teacher who was educated in U.S.A.. "He was not a



Lam Tsun Ngai and Steven

young man, and he joined the army during the Second World War. He told us many stories about his experiences,” Mr. Lam said.

If he could live his school life again, he would treasure the time with his classmates and teachers. He said, “ If I could live my school life over, I would show my classmates that I love and treasure them. This daily interaction among friends is very important.”

After Mr. Lam left CHECSS in Form 5, he joined another school for Form 6 to 7. Then he went to university to study medicine. At the same time, he worked in the hospital. Later, he went to Canada. He started his own practice when he returned to Hong Kong prior to 1997. He is now a family doctor. He said the school days were very important to help him form his own character. He learned how to grow from a kid to a young man and finally an adult. He also built a good foundation in Maths and Science which certainly helped him in his medical studies.

He said that English is the universal language for his job in medicine. Without a good command in English, he cannot enter his present job. He said, “ It is the basic requirement for me to have a sound knowledge of English before studying medicine.”

Finally, Dr. Lam advised us to focus on our work. He told us that if we have good management of our time, we could have a good result and live our lives happily. He said, “ If you want to work, work; if you want to play, play; but don’t do both at the same time. You have to learn time management”.

When asked about his present feeling about CHECSS he said that he thinks it is still the same traditional school. It seems the same as it was thirty years ago.

Have Good Time Management



Civic Education Talks: Time Management by Mr. Leung Kar Kit and 'Impossible is Nothing' by Mr. Chong Chan Yau. Teachers in charge: Ms. S.L.Tsai and Mr. C.K.Chan

1976 Liu Ka Yee, Francis

Senior Divisional Officer,
H.K. Fire Services Dept.,
New Territories East Division



Mr. Liu Ka Yee, Francis, first attended Choi Hung Estate Catholic Secondary School in 1970. He was a student here for 6 years. He graduated in 1976. During this time, Mr. Joseph Liu was the principal and Mr. Peter Wong was the discipline master.

One of Francis Liu's fond memories was when he was in Form 1 and 2 the athletic team won the overall champion for the Diocesan Catholic Secondary Schools Athletic Meet in Hong Kong. Then he was chosen by the discipline master to be a prefect in Form 4. When he was in 5D, he was the class monitor. That year, he set up a tutorial team for his class with the assistance of his form teacher. Some of his classmates wrote some articles in the school magazine. He still has a copy of this magazine. They studied hard together.

Francis Liu's favorite place was the basketball court because he usually stayed there after school. He liked to play basketball with his classmates. Every day, after school, he would throw his school bag to the playground to claim the playground! (At that time whoever claimed the playground could play with his classmates all evening!) He would stay after school 3 or 4 days every week.

His favorite teacher was Mr. David Leung. Mr. David Leung was his form master. He was a very responsible teacher. He treated his students like brothers or friends. From time to time, he gave his students suitable advice on their studies or for their future development, especially students in Form 4 and 5. He said, "I was always trying to make a decision about my life... wondering what to do. This very, very nice guy gave us advice. We still keep in contact today".

When he was a student at CHECSS, Francis Liu got some awards. In 1973-74, he got the champion of the Chinese Writing competition for Form 1-3. For interclass competition in 1973-74 and again in 1975-76, his class was the champion for both basketball and volleyball.

At that time, Francis Liu had to obey all the rules. He felt he was naughty and tried to escape from following the rules many times! Sometimes he and his classmates would stand outside and pretend to be late, so they wouldn't have to line up for the assembly. Sometimes they escaped from their tests on test days. He



Nicky Kwok Ching Yin and Liu Ka Yee

said, “Students should not do what I did. It is not a good example. Rules should be obeyed!”

If Francis Liu could live his life again, he would change his learning attitude, pay attention in the class and try his best to listen to the teacher. He would read more reference books. He thinks only reading the schoolbooks is not enough.

Build a Foundation for the Future



When Francis Liu finished Form 5, he had to make a choice since CHECSS didn't have a Form 6 or Form 7 Arts class. So he went to Form 6 and Form 7 at New Method College. After that he joined the Fire Services. After 1 year, he got the post of Probationary Station Officer. In 1981, he started the firefighting job. Now he is the Divisional Commander of the East Division of the New Territories. He is Senior Divisional Officer. He fights fires, does rescue and fire protection. He is responsible for managing more than 30 fire officers and 350 firefighters.

Being a school prefect and class monitor gave him the leadership skills that he needs in his daily work. He said that he had learned to be responsible at CHECSS — a skill he really needs in his career today!

In his job, English is used everyday in emails and in the preparation of documents. He advises CHECSS students to take advantage of having a NET teacher. He didn't have that advantage or the opportunity to do interviews with old boys!

He feels CHECSS is changing for the benefit of the students. He suggests that students should study hard and build a foundation for the future. He said, “If you don't work hard in secondary school, you won't have the good foundation for the future.” His advice is: “Try to be a useful man! To do this you must study hard.”



Boys performing “Fire Practice” in English at WTS Fire Station Open Day.

1976 Dr. Loi-lei Lai

Professor

City University, London



**Master English
and Mandarin**

Dr. Loi-lei Lai, a graduate of CHECSS in the year 1976, is now the chief professor of Electrical Engineering at City University of London, a guest professor at Fudan University and a visiting professor at Southeast University of Nanjing.

When asked about his school life in CHECSS, Dr. Lai said immediately that at CHECSS the teachers and students were good. Sport had been one of the strengths of the school and he still remembers the numerous sport awards in our school award cabinet.

The playgrounds and the canteen were special to Dr. Lai and his fellow classmates because these were the places where they used to go and chat early in the morning. After school, the football field, now called the car park, was the place where he and his friends used to set their foot. We, Choi Hung boys, have been sharing the same 'secret corners' for over 30 years!

For most of the time, Dr. Lai and his friends behaved well enough in the eyes of the teachers. There was a single incident when his classmates started throwing chalk at each other. He picked one and threw it back and was seen by the principal, Mr. Liu. The principal asked Dr. Lai's parents to see him within a day. Dr. Lai recounted his story fairly lightly. It is an experience we all will have, or have had. Teenagers are bound to make mistakes and learn from their wrong doings.

There were a number of people who were important to Dr. Lai's school life at CHECSS. They were the Maths teacher, Mr. P.C. Lee, Mr. Peter Wong, the discipline master at the time, and his History teacher, Mr. David Leung, whom Dr. Lai described as 'always generous with words and time.' Dr. Lai's basic skills in Science and Mathematics, way of presentation and interpersonal skills he possesses today, are a major contribution from CHECSS.

After graduating from CHECSS, he spent a year at the Polytechnic University of Hong Kong and, with outstanding academic performance, was accepted by University of Aston, the United Kingdom, majoring in Power Engineering, Power Electronic and Control. In 1980, he completed a PhD in Power Engineering and started teaching as a tutor.

Dr. Lai devoted a large part of his life to tertiary education and Power Engineering, and has gained recognition from China and all over the U.K. In 1980, he was awarded the Institution of Electrical Engineering prize from the U.K. In 2000, he was the holder of the third Millennium medal from the Institution of Electrical and Electronics) prize UK. Four years later, Dr. Lai was titled as the guest professor at FuDan University of China and became the Doctor of Science in City University of London, in 2005. Two years ago, he was awarded I.E.E.E. Paper Awards on Power

Engineering Society and was part of the Energy Development and Power Generation Committee, a joint project with Polytechnic University of Hong Kong and Tsinghua University, China. Last year, he became a fellow of these Institution of Electrical and Electronic Engineers. With the impressive accomplishment, it comes as no surprise to know that, in the first year at secondary school, Dr. Lai was among the top three in his form and received a scholarship from CHECSS. He kept up the good work and, up to now, has been awarded 20 prizes from a number of organizations for his contribution to his scientific field.



Loi Lei Lai and Oswald Kan

Dr. Lai, however, thinks he could have lived his life better if he is given the chance to start all over again. Family is an important part of his life. He has always wished he could spend more time with his family. He would want us to learn from his experience. He said, 'I would want to make a difference.'

There are some good qualities which are essential for not only normal day activities, but also for future life. Dr. Lai hopes he could have worked more efficiently and intellectually. He said, 'Always bear in mind, you either practise self-control, or you lose it all.' Also, he feels that he could always have done more to help the people around and seek more advice from the others. He believes in useful contribution, an open mind and good cooperation.

Master English and Mandarin



Apart from these, Dr. Lai pinpoints the whole world is still using English. Good English ability is useful for us to achieve what we desire while, on the other hand, the number of Mandarin speakers is, in fact, bigger than English speakers and the number is growing steadily. He hopes we will be able to master the two languages because he foresees English and Mandarin will be equally important in the not too distant future.

Dr. Lai is happy to be back, for he could still recall the old days at CHECSS. He described the school as, 'exactly the same. Even the gate is the same.'

From now on, his best wish for the school is to have more students of better quality because it is either we keep moving on or we sink. In face of the options, we will have to move forward. This is what Dr. Lai leaves us all to work for.

'I met Professor Lai one week after I had my Jupas result, my darkest time of the year. I even thought of declining the interview but I finally did it for my words. To my surprise, the meeting introduced me to a series of hope and inspiration.

As a highly achieved alumnus, he is willing to support his juniors. After the interview, Dr. Lai offered to talk through his colleagues for me. I was overwhelmed by his generous help. I believe if I will achieve in the future, I would be willing to do the same. I will remember the warm hand. Thank you very much. You are a great man, Oswald Kan.

1977 Dr. Leung Wing Chiu, Anthony

Dentist

Dr. Mr. Leung W. C., Anthony, first attended Choi Hung Estate Catholic Secondary School in 1974 and left school in 1977 after Form 3. At that time, Mr. Joseph Liu was the first principal and the discipline master was Mr. Peter Wong. Students, at that time, had to follow the same rules as we have now, for example, no long hair, be punctual and wear tidy uniform. Dr. Leung agreed to all the rules and said that students, at that time, were very obedient, well-behaved and self-disciplined. One naughty experience was some of his friends had cheated in an exam but they still failed!

Talking about the fond memories, Dr. Leung said he enjoyed coming to school every day. He remembers that every 2 years they had the Inter-School Sports Day for the Catholic Diocesan Schools. They did quite well and they had fun cheering for their team.



Leung Wing Chiu and Tsang Chi Hung

Dr. Leung's favorite place in CHECSS was everywhere in the school! But he enjoyed playing table tennis, so he liked the playground a lot. He was there in the morning, recess and after school. The only club he had joined was the Photography Club when he was in Form 3.

Dr. Anthony Leung had a lot of favorite teachers such as Mr. K.S. Yip, Mr. David Leung and Mr. Joseph Liu. But among them, he liked Mr. David Leung the most. Mr. Leung, who taught him

World History, was like a big brother to him. History wasn't his favorite subject but he felt it was okay because of Mr. Leung.

As a student, Dr. Leung did not really receive any special awards. He remembers he won a prize for a Maths quiz. He was not good at sports or academics so there weren't many awards for him.

If he could live his school life over, he would work harder and enjoy more. He said, "It was the best 3 years of my life!" When Dr. Leung finished Form 3, he went to England to do his study in Liverpool for 4 years. Then he went to London to continue his dentistry.

Dr. Leung is now a dentist. He learned to be self-disciplined and punctual in CHECSS. They just started Chemistry in Form 3 and it helped him a lot because to be a dentist you must learn a lot of Chemistry. Mr. Leung doesn't speak English much at his work. He has a lot of foreign patients but most of them can speak Mandarin and Cantonese.

Enjoy your Life as a Student



Dr. Leung's advises CHECSS students to enjoy life as a student, to be free and don't work too hard!

When Dr. Leung walked around Choi Hung Estate, he saw new stores outside. Now we can play football inside the school under the supervision of teachers. In his time, they couldn't play football. It was against the rules. The school has really changed a lot!



Boys enjoying school life: Sing Along and Joint Diocesan Catholic Secondary Schools Athletic Meet.



Mr. K.S. Yip (1st row, 3rd left) and the Discipline Committee, 1995-1996.



*Mr. K.Y. Leung,
David*

1978 Au-Yeung Lap Yan, Peter

Cost Engineering Manager,
Kowloon Canton Railway Corporation

Mr. Peter Au-Yeung was a student in CHECSS for four years from 1974-1978.

From his study in CHECSS, Peter had so many memories, but the most impressive one was when he was in Form 1. His class had to do some reading for the summer holiday and the students had not been asked to write any report on it. So he and all his classmates wondered about this. After the holiday, their teacher read out a paragraph and asked them where the paragraph came from. All of the students in the class were shocked because they never expected the teacher would do this as a test to check their reading. All of them thought this was amazing, so Peter still can remember this.

Mr. Au-Yeung appreciated all the teachers. He thought all of them were good teachers! He said, "I would pay my tribute and respect to all of them". But he thought Mr. David Leung was the best. He was the History teacher at that time. Peter said that he loves History because of Mr. David Leung who knew a lot about History and always told History stories to Mr. Au-Yeung and his classmates. He said that Mr. Leung's lessons were innovative and caught all the students' attention.

When Peter Au-Yeung was studying in our school, the principal was Mr. Joseph Liu and the discipline master was Mr. Peter Wong, who became the principal after Mr. Liu. Mr. Au-Yeung was really satisfied with Mr. Liu and Mr. Wong and said they were excellent. He said Mr. Liu was the founding principal so he had to establish a lot of rules and regulations in order to have a good start to the school. Mr. Au-Yeung is really thankful that Mr. Liu did so much to improve students' English skills. He said, "On Tuesdays, everyone had to speak English. Mr. Liu would walk around the school. If he heard someone speak Cantonese he would ask them to 'change channels'! In that way, he encouraged students to practise English among themselves in an English-speaking environment."

Mr. Au-Yeung supposed the school rules are not much different today from the school rules in 1974. He said all the rules which are set in school are for the students' good. He said that he was a monitor from Form 1, so he didn't have too many naughty things to report. His classmates said he was always a bit too serious. He said he wasn't the type of student to 'burn the midnight oil'. He had good time management skills and was able to manage his activities, his studies and his social life within normal working hours. He wants to encourage our students to pay more attention in the lessons because, primarily, academic abilities enable everyone for further studies. In Peter's opinion, CHECSS has improved so much over the years.



Manage Your Time®

Peter had an excellent time in CHECSS and joined so many activities. He was a member of the Photography and Badminton Club. He also was a piano-player and completed all the grade examinations when he was Form 3 and represented CHECSS in one of the annual school music festivals. He was also the representative for CHECSS in the Hong Kong Student Press Group where he met other representatives from other Catholic schools. Peter said they had great fun with young people of similar ages and school background. Besides this was also a golden opportunity to practise English in a more open forum and thus enable them to build up confidence in the command of a foreign language.



Yip Kwan Chi and Peter Au Yeung

Manage Your Time



After leaving our school, Peter went to the United Kingdom to study a Bachelor of Science degree in Quality Surveying and Business Administration. At the moment, he is pursuing his doctorate degree. And at the time of interview, Mr. Au-Yeung is a Cost Engineering Manager with the Kowloon Canton Railway Corporation.

Peter suggested that all students should study English hard and seriously because he feels English is the most useful language in the world. He advises us to have reasonable and sensible time management skills. He said, "It is a question of balancing all you want to do within 24 hours, including your resting time!" He also said that we should open up ourselves to all the new and exciting things in life. "Learn not only from school but also from your environment and daily life." Broaden your knowledge base was his final advice. As well we should pay good attention in developing our language abilities, which are essential for our future studies and career development. Life is what we make it!



English speaking enhancement activities abound in CHECSS.

1978 Mak Yook Ming, Stephen

*Housing Manager,
Housing Department*

Mr. Mak Yook Ming, Stephen, attended Choi Hung Estate Catholic Secondary School in 1972 and he left the school in 1978 after completing Form 5. During that time, Mr. Joseph Liu was the first principal and Mr. Peter Wong was the discipline master.

At that time, most students would obey the rules. However, Mr. Stephen Mak didn't. When he was a Form 2 boy, he kept his hair so long that the discipline master requested him to cut his hair, but he didn't want to because he wanted to be trendy.

He also remembers a funny and naughty thing that happened to him and his classmates. They sometimes threw the duster in the classroom, especially in winter when they wore the dark jackets. They would throw the duster on their jackets to make them look so dirty. One day, the duster was, accidentally, thrown out of the window and it dropped to the street. He was a monitor at that time, so he knew that the teacher would punish him. He rushed into another classroom to get a duster from there to take back to his classroom. Finally, he didn't receive any punishment, but he didn't know if the other class got punished!

1977-1978 Form 5D



schoolmates and discuss the scout activities. He joined the Scout and Photography Club. He still remembers the Dark Room where he used to finish the film by himself.

A very special teacher was foremost in his mind when Mr. Mak was studying in CHECSS. Mr. David Leung was his model teacher. Mr. Leung taught him History. Mr. Leung also taught him how to behave well. Mr. Leung is retired now.

In his school life, Stephen Mak never received any special awards as a student but he was a class monitor and school prefect.



His fondest memory is the Diocesan Schools Sport Day, which is an inter-school sport competition. The Catholic Diocesan Schools met twice a year to compete. He said, "We always got the runner up."

His favorite place in CHECSS was the Scout Room. He went there almost daily. He went there to chat with his



Mak Yook Ming and Wan Lok Ki

He said if he could live his school life over, he would obey all the school rules.

When he was in Form 6 and Form 7, he went to another school because there was no Arts class in CHECSS. After that he worked with the Hong Kong Government for ten years. His employer sponsored him to take some university courses. After being out of school for ten years, he went to the University of Hong Kong to study Public and Social Administration.

Now, Mr. Mak is a Housing Manager in the Housing Department for the Hong Kong Government. He thought the leadership from the boy scouts helped him. And he also learnt how to co-operate with others from the scouts at CHECSS.

Mr. Mak thinks English is important for working for the Hong Kong Government. He uses it in his daily communication but not always in his daily work.

He has some advice for CHECSS students today. He thinks Choi Hung boys should study hard and obey the school rules.

Finally, he thinks there is a big improvement in CHECSS. In his time, there was no computer room. And there was no NET teacher, like Ms. Arnold, to help him with English. So he thinks CHECSS has improved a lot during thirty years.

Obey The Rules



Our Athletic Teams have been winning in Joint Diocesan Catholic Secondary Schools Athletic Meet for 40 years.

1980 Wong Hak Keung

President CEO

Greater China

GE Enterprise Solutions

Mr. Albert Wong studied in Choi Hung Estate Catholic Secondary School from 1973 to 1980. At that time, his school principal was Mr. Joseph Liu, (who was also his godfather), and the discipline master was Mr. Peter Wong.

Albert was involved in a lot of teamwork. He always played football games with a lot of young boys. They played a lot of sports, and these are good memories for him.

His favorite place in the school was a little study room next to the chapel. He doesn't know if it is still there. They could go there all the time to study. In Form 5 and Form 7, they spent about 3 hours a day there.

Albert was in the Physics Club, Athletic Club, Bridge Club and Football Club. He got some prizes for getting B grade Individual Champion in athletics in Form 5. He also got a certificate for A level exam.

His favorite teacher was Mr. David Leung. He was the English and History teacher. Mr. Leung taught Albert Wong in Form 3 but they stayed friends for a long time.

He remembered some naughty things that they did at that time. They had a lady teacher who taught Physics. They liked her very much but they used to say bad things about her and give her nicknames.

Back then, there were many rules to follow. They shouldn't have long hair. Mr.

Liu, the principal said that they shouldn't put their hands in the pockets. In assembly, if he saw a student with his hands in his pockets, he would call out the name and tell him to take his hands out of the pockets. It was very embarrassing so he didn't agree with this rule.

After graduating from Form 7, he went to the University of Hong Kong. He studied Electrical Engineering. Then he got his MBA from Chinese University. He is now a Chief Executive of an electrical company in Hong Kong.

He thinks that English is very important. He uses English everyday. He said, "If I didn't have my English skill, I wouldn't be what I am today. I lived in the USA for a long time, so I had to know English."



Start To Work Now

Matthew Au Shiu Ho and Albert



Start To Work Now



Albert has some advice for us. He said that when he was in Form 1 and 2, his academics were horrible! He only started to work in Form 3 and it was very difficult to catch up. So he said that we should work hard from the start. He said, “60% of success comes from hard work, 20% from luck, 20% comes from destiny. The harder you work, the luckier you get.”

Mr. Wong finished the interview by telling me that he hadn't been in touch with CHECSS for a long time. He was told that the school had changed a lot. When he was here, they were not a famous school but a lot of good students came from here.



*Old boys supporting Mother School:
40th Anniversary Reunion Dinner and Career Talk.*

1980 Dr. Yeung Chong, Leo

Global Real Estate Solutions / Director

Dr. Leo Yeung, attended Choi Hung Estate Catholic Secondary School from 1975 to 1980 and graduated from Form 5. During that time, Mr. Joseph Liu was the principal and Mr. Peter Wong was the discipline master.

At that time, most schools had the same rules like the dress code and the behaviour rules, which were almost the same as now. However, he voiced out his opinion that he disagreed with all the rules because he was naughty and did not want to obey any rules. But now, he realizes these are the rules that we must obey. If he could live his school life over, he would like to follow all the rules.

He just remembers he was very naughty in Form 1. He fought with his classmates and teachers punished him. Eventually he was suspended by the principal. After that he started to work very hard. As a result, he joined the athletic team in Form 3, and in Form 4 (he was already on Hong Kong teams) as well. Furthermore, he was also head prefect. So it was like a roller coaster where he started at the very bottom part and came to the peak!

Chan Lit Ka and Leo Yeung



Hung Estate in 1964. He walked to school everyday. He used to imagine if he would sit in the middle of the playground very still, he would just look like the frog inside the well. Eventually how could he climb out of this small well?

His favorite place was the car passage. The hurdles were on the outside wave track. His coach, Mr. Young, who was his P.E. teacher, said if he could overcome this kind of track then he can run hurdles on any track anywhere in the world. At that time, he trained for athletics 4 times each week. In addition, with the South China Athletic Association, he would spend 4-9 hours training and then go back to do homework.



After his school life in Choi Hung Estate Catholic Secondary School, Dr. Leo Yeung went to the Hong Kong Polytechnic University and studied fashion design. After that he went to London and got the Rhode Charter designer from the Rhode College of Art in London. Then he practised a design course and was a design manager in Germany. He had also worked in Canada, Italy, and France. After all this effort, he had his own company. Later, he sold his share and took his Master 's Degree. Now he has his own company working in architectural design in Beijing. He does a lot of consulting and marketing with shopping malls such as Megabox. From the above, we can conclude that hard work is the key to his success.



He reckons high school is an important stage for further study. It gave him a balance between study and sport. He said “The key is when you fall down from the peak of your sport or academics, how you can get up again. We got more than 100 A’s in Maths in the 1980’s. So when we achieve this kind of peak and then drop to the valley, we must learn how to reach the peak again.”



Old boys encouraging our Athletic Team in our Sports Day at Wan Chai Sports Ground.

Furthermore, he told us English is very important. His company has a lot of people from US and Canada, and they can speak fluent English, but they also can speak and write Chinese. So he thinks the market is changing and English is only one of the languages needed today. But anyway, English is very strong in the world. We cannot ignore that.

Never Give Up



When he sees the faces of our school students, he thinks our spirit is improving because students are smiling. Our academic performance is improving too. He reminds us never to give up.

His advice to CHECSS students is: not think you are second-class if the school is not famous. “The key is learning from the heart. If you can overcome this hurdle then you can get it back. If you fall down you can get up again. Another slogan can be: believe in your classmates”, he said.

School Motto: Hope and Salvation

1982 Ho Kwong Ngai, Eric

Senior Manager,
Property Investment & Valuation Dept.
Cheung Kong (Holdings) Ltd.



Mr. Ho, Eric attended CHECSS from 1976 – 1982. Mr. Joseph Liu was the principal at that time, but later he passed away. Mr. Peter Wong was the discipline master and later he got promoted to be the principal.

The rules Eric Ho had to obey were much the same as today's. The most unforgettable thing is English-speaking day. At that time, they had English-speaking day every Tuesday. There were some English prefects and if they caught students not speaking English, they were punished.

Eric Ho joined the Mathematics and Swimming Clubs. He received a number of swimming awards. I think he enjoyed it so.

Eric Ho said that he was a little bit naughty while he was a student. He said that he tended to behave better in school than outside. In the playground outside, they did some naughty things like chatting with another school's girls.

While Eric Ho was a Form 4 and Form 5 student, he had an English teacher called Ms. Lee and she was his favorite teacher. He said that she enhanced their English standard a lot. They did tons of exercises, which they thought was too many, but after two years of studying their English improved a lot, because of Ms. Lee's teaching.

After Eric Ho graduated, he continued studying in the university. He studied hard. He studied surveying and now he does property and management valuation. He gathers opportunities

for companies and if there is something appropriate, he will arrange the purchase. He also deals with town applications for modifications.

Eric Ho said the key behind his success was the essence of sports. People should learn how to overcome difficulties. He also advised us to spend more time on English, which is most important.

Eric Ho said that if he could live his school life over, he would spend more time on studying as studying gives him very interesting things. It was more fascinating than work.

By the same token, he had some advice for our school's students today. He emphasized many times, English is very important for our future. Likewise, he said that CHECSS has an excellent achievement in sports and students had to spend lots of time



Simon Tang Kam Man and Ho Kwong Ngai

training, but he thought it was worth it. Students can gain confidence and learn how to face failures and overcome difficulties.

While speaking about his present feeling about CHECSS, he expressed that he had not been here for a long time and maybe he did not know what was happening today.

I am honoured that I could represent CHECSS to interview Eric Ho. I want to try my best to send more school information to him in the future.

Learn How to Face Failures



There are a lot of English activities for our boys to join at CHECSS.

1983 Chan Ka Chiu, Nelson

*Merchandising Manager-Men's, Swan
H.K. Long Jump Record Holder*

Mr. Nelson Chan first attended Choi Hung Estate Catholic Secondary School in 1976. He was a student here for 7 years. He graduated in 1983. During this time, there were two principals. The first was Mr. Joseph Liu then Mr. Peter Wong.

When he was a student, he did not know that rules were good, so at that time he did not like all rules and thought they were silly and stupid. But when he grew up, he realized the rules were good things. The rules were very standard and simple, so they were easy to keep. He remembered one of rules: students could not wear sneakers if they did not have a P.E. lesson that day. So maybe students were going to do sports after school then they would have to bring another pair of shoes. But he thinks this was a sort of team spirit since they all had to do it.

Mr. Chan was very involved in the sports side. He joined the Table Tennis Club and was the number 1 player for A grade and B grade in the school. He also joined the Volleyball and the Athletic Club.

When he studied in Choi Hung, he got many medals. He said, "Just look at the athletics records." He was surprised that he still keeps the record here. He also won medals outside school. He still holds the record for Hong Kong long jump! He won many medals thanks to the school, which really gave him lots of support.

In his Choi Hung school life, he had lots of favorite things. He attended the Diocesan Catholic Schools Athletic Meets. He really enjoyed these meets because almost every race CHECSS boys came in first or second. His favorite place in the school was the canteen because it was the only place that he could get together with other

students. They would always go there to get soft drinks and steal fish balls from the other students. "It was fun," he said. He also went to the canteen every day, before lessons, to get noodles for breakfast.

If he could live his school life over, he thinks he would pay more attention in class. He probably would be more focused on academic as well as sports.



When Nelson Chan left CHECSS, he did many things. He became a coach for track and field. He also did modeling. Now he is the head of a merchandising team, which sources all the designer brands into Hong Kong. He also sells these brands in his shop. He thinks the sports gave him lots of help for his present job. He had to get up on time. Sports taught him self-discipline.

He thinks English is really important. He communicates a lot by e-mail and he needs to use English. When he goes to other countries for business they speak English because he does not speak their language.



Ling Ka Ho and Nelson Chan

Set Some Goals



Mr. Nelson Chan's advice to CHECSS students today is: to set some goals. He said, "When you want to achieve something, you have to set your goal. Then do your best to achieve it."

Today, Mr. Nelson Chan has mixed feelings toward Choi Hung Estate Catholic Secondary School. In a way, he misses the way it was. When he comes back to the school now, many things are different. Most of the teachers are now gone. So he has mixed feelings of new people and old memories. He left with this statement: "You guys are so lucky! In my time we didn't have any teacher from overseas to help us with English. You are very lucky to have a native English teacher."



Support from old boys at our annual athletic meet at Wanchai Sports Ground.

1983 Dr. Ng Kwok Wai

*Professor,
Faculty of Medicine,
The Chinese University of Hong Kong*

Dr. Ng Kwok Wai was a student in our school from 1977-1983. He left in Form 6 and attended examinations for the University of Hong Kong.

For his school memories, he said that he had met many friends who became life long friends. They still meet from time to time and chat about their school days. He got knowledge here but he can hardly use the knowledge in society but the friendships became important and a part of his life.

His favorite place was the music room. It was because in the first two years, his class teacher, Mr. Kan, was also the music teacher. He played the black plastic recorders with classical music. So the music room was the most interesting place. In Form 5 their classroom was close to the music room, so they could stay after school and sneak into the music room and play the piano and other instruments. It was a good hobby.

He joined the clubs which had nothing to do with academic study, like the Photography Club and the Drama Club. He learnt photography, and in Form 4, he participated in a drama show. He loved every teacher in our school.

Yeung Yee Hung and Ng Kwok Wai



Peter Wong was the Discipline Master. The school rules were much the same as now. He was quite obedient at that time, so he didn't have much disagreement with the rules. He said they used to sometimes read books under the table during class. He thought the teachers knew this but they wouldn't have time to teach if they had to take care of this.

Dr. Ng remembered that he got the best performance in the Certification Examination as an award. But if he had a chance to live his school over, he thought he



*Expose Yourself to
Many Things*

When asked about some naughty things, Dr. Ng said that, in those days, they played football in the car park and they often kicked the ball out of the field. They lost about 10 footballs because of that. In Form 5 and Form 6, they had competitions to see whose paper airplane would fly the fastest to the playground. It was a funny thing.

There were 2 principals during his time at CHECSS. Mr. Joseph Liu was the first but he passed away the summer of his Form 3 year. After that, the principal was Mr. Peter Wong. When Mr. Liu was alive, Mr.

would try to read more. They spent a lot of time on school subjects. After he graduated, he found there were many useful things that he missed learning about in school. So if he could live it over, he would read more, see more and have more fun.

After he graduated, he went to Chinese University to study medicine and he became a doctor. He is professor of surgery at the university now.

The skills he learnt in CHECSS that help him in his present job are: a good attitude, how to deal with difficulties, how to interact with others, how you deal with your own anger or depression. So he acquired these attitudes in his secondary school.

He said that it was important to use English in his job. All the English he learnt in secondary school helped him. During his daily practice, he uses English to communicate with other doctors. Now he is an academic in the university so he has to give his lectures in English. He has to communicate with doctors overseas in English,

Expose Yourself to Many Things



so English is the international language for communication.

Before ending the interview, he reminded us try to make ourselves be outgoing and not just a bookworm but expose ourselves to as many things as possible. He also advised us to master our English. He said, "It is good to learn from a native English speaker. We didn't have this experience. Also, now you have better hardware and software to learn English grammar."

When I asked Dr. Ng Kwok Wai about his present feeling about CHECSS, he smiled and said, "I feel like it is home. I feel the energy here."



The PTA also awards outstanding boys nowadays.



1983 Su Yau On, Albert

*Principal Transport Officer
Hong Kong Government*

Mr. Su Yau On, Albert, a Principal Transport Officer for the Hong Kong government, studied in Choi Hung Estate Catholic Secondary School as an arts class student from 1978-1983.

Mr. Su had many unforgettable memories. He remembers that in the old days, there were tutorial classes where the senior students would teach Form 1 students. When he was in Form 4 and Form 5, he taught the Form 1 students English. At that time, students could stay at school until 9 or 10 pm. So the students would stay around to do stuff in the Art Club, the Football Club and the Photography Club. They could pick up an activity any day of the week. He said it filled up their spare time. The second thing he remembers is the student leaders would help make announcements. It was a challenge for Form 4- Form 6 students to make announcements to all the students. He did this a few times and he found it challenging.

Mr. Su's favorite place was the Geography Room. They had collections of photos and other things there. He collected a lot of these things because he belonged to the Geography Club. The second favorite place was the Library because they could read a lot of books for free as they did not have much money to

spend on buying books. The third favorite place was the art room and he liked it so much. He belonged to the Art Club and it had many activities. So they would go to the Art Room to join the activities. Mr. Su said that he got some skills from the Geography Club and Art Club. There he had chances to develop his planning

skills as he had to develop a plan to meet his targets. He said that belonging to these clubs developed his attitude to learn things and to plan things in a systemic manner.

When Albert Su was a student, he and his classmates would do some naughty things, like normal boys. He remembers many days when they would go to school early and use the excuse that they had something to do for the clubs, so they wouldn't have to line up in the morning assembly and listen to all the rules and things. He said it made them feel prestigious to escape from the assembly.

Albert's favorite teachers were Mr. C.T. Chui, his P.E. teacher and Ms. Y.C. Hau, the Arts teacher. Ms. Y.C. Hau was also his class teacher in Form 2 and 3. He said that he keeps contact with her even now.



Mr. C.T. Chui

The principal was Mr. Joseph Liu but he died when Albert Su was in Form 1. Then Mr. Peter Wong became principal. He said the school wasn't as strict then. They had more freedom. They could wear sport shoes, didn't have to wear the winter jacket, could bring games to school etc. The only strict rule was that they couldn't be late for school. He didn't have any major disagreement with the rules. He didn't challenge them. Mr. Su really loved his school life at CHECSS. He said if he could live it over, he would want it to be the same as what it was. He was very happy here. When he left CHECSS, he went to another school for Form 6 and 7 and then went to university to study Geography.



Cheng Kwan Kit and Su Yau On

Today, Mr. Su Yau On is a civil servant. He looks after policy for the transport area for the Hong Kong government. Sometimes he appears on TV for his department. He is the Principal Transport Officer. He makes the regulations for the bus service, etc. He is always looking for improvements in transport areas.

Then he said that English is very important because everyday they communicate in English. They speak Cantonese but any writing they do is in English.

Mr. Albert Su had some advice for us. He said, "Apart from strengthening your academic learning, you should participate more in extra-curricular activities. CHECSS has a good tradition of being strong in sports. So you should explore your abilities in sports. You can spend time organizing activities as well. This is a way to be independent. It develops critical thinking. Do spend more time reading books and

newspapers instead of playing meaningless computer games. You can learn more through participation and organizing!"

Develop Critical Thinking



► Arts Room



1986 Leung Monk Fung

Writer

Mr. Leung Monk Fung was a student at Choi Hung Estate Catholic Secondary School from 1984 to 1986. During that time, Mr. Peter Wong was the principal.

He was a librarian of the school because his hobby was reading. Therefore, he stayed at the library everyday, and it provided a great opportunity for him to read more. After reading a number of books, he tried to write on his own.

One day, he had the feeling that writing could be his career, so he practised more and more. Now he is one of the popular Chinese novel writers in Hong Kong, even in the world. He also got a special award from the library, the Librarian Service Award. So the library was his favorite place in Choi Hung.

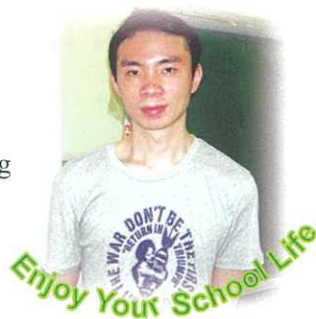
Mr. C.T.Chui was his Form 1 Class Teacher and he was such a friendly teacher that Mr. Leung loved him very much. He also has a multitude of good memories from Form 1. Some of his classmates were repeaters with bad discipline, so he was afraid he would be bullied by them because most of them were very strong. But later they were found to be quite nice.

If he could live his school life over, he would like to

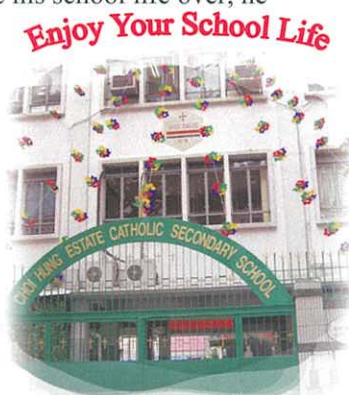
communicate more with his classmates, make more friends and treasure these friendships. He thinks it's a pity to spend most of his time at the library as he was too shy at that time, so he lost a lot of time when he could have made more friends. So his advice for Choi Hung students is to make more friends and enjoy their school life.

Although he is a shy and introverted person, he also did some naughty things in Choi Hung. For example, he liked to eat something before class in the classroom. Even though he was a Choi Hung boy 20 years before, he still deeply remembers some of the school rules that students had to obey at that time. The most unforgettable are: students had to shave the beard and couldn't dye the hair. He thought those rules were unreasonable.

He thinks all the equipment in Choi Hung now is much better than those in his days. In addition, there were no air-conditioners at that time. As a result, we should treasure this equipment.



Leung Monk Fung and Ernest Chow Jor Yue



1986 Wong Ting Kit

Creative Director

The Brand Union Hong Kong



Mr. Wong Ting Kit attended Choi Hung Estate Catholic Secondary School from 1981-86. At that time the principal was Mr. Peter Wong.

After Mr. Wong Ting Kit graduated from CHECSS, he studied design at Polytechnic University. Now, he is a Creative Director and Brand Name Consultant.

While he was studying at CHECSS, he said that he was a naughty student. In his memories, he had a very good time when he was studying here with his classmates and teachers. There was a little restaurant where he went for lunch with his classmates every day. He said it was just like families eating lunch together. He enjoyed this so much. That is an unforgettable place for him.



Wong Ting Kit and Ngan Siu Pang

He had two favourite teachers. One was an English teacher. He said, "She was great but I cannot remember her name." Another teacher he respected a lot was his class teacher, who was also his Maths teacher, Mr. P.W. Lam. They still talk together quite a lot even now.

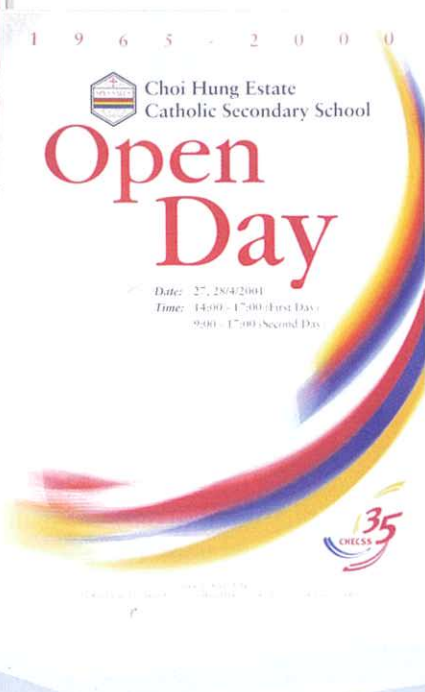
Mr. Wong said that he had done some naughty things with his classmates. They had a lot of jokes that they played to make fools out of their teachers. They made a big joke on their Physics teacher. He didn't want to say what that was! However, he said that all the school rules made sense and he agreed with them, although he didn't always follow them.

When Mr. Wong was a student at Choi Hung Estate Catholic Secondary School, he got conduct awards. He also got awards for calligraphy and poster design since he was good in Art. As a result of this interest, he went to Hong Kong Poly Technical University after he graduated from CHECSS. His present job is a Creative Director in a local company. He thinks that using English is very important in his job. He said that his English is not really good enough. If he could live his school life over, he would study harder and learn more English.

He wants to remind all of the Choi Hung boys to study harder and get as good as they can at speaking English while they are in their school life.

Get Good at English





Editor's note: The School would like to thank Mr. Wong Ting Kit for his generous help in designing works related to our 35th anniversary celebrations.

1989 Lee Wing Keung

Senior Consultant

I.T. firm

Although it has been 26 years since Mr. Lee Wing Keung first attended Choi Hung Estate Catholic Secondary School, he has many indelible memories about his secondary school life. He first came to Choi Hung in 1982 and stayed here until 1989. Mr. Peter Wong was the principal at that time and Mr. Fong was the discipline master.

They had to obey many rules which were the same as we have today, for example, no foul language, don't disobey and be respectful to others. If a student broke the rule, he would have punishment.



Mr. P.C. Lee

He liked Maths so he joined the Maths Club. He was good at Maths. He loved his Maths teacher, Mr. P.C. Lee, who taught him Maths from Form 4 to Form 7. He had a very good teaching technique and he paid attention to all students in the class. He said Mr. P.C. Lee's teaching affected his career development and study afterward. At that time some of his classmates might get 5 'A's and would go to Queen's College.

In his school life at CHECSS, the basketball court was his favorite facility. He liked to play basketball. From Form 1 to Form 7 he used to play basketball at recess and after school. In Form 6, he participated in many extra-curricular activities, such as the Student Union and the Debating Club. He enjoyed this very much. He called this time his 'honeymoon' year.

While Mr. Lee Wing Keung was a student at CHECSS, he could think of funny things that happened to him and his classmates. At that time, so many people liked basketball but there are only 2 basketball courts. So they dropped the basketball from the 5th floor to the ground floor, then they ran down so they would be the first ones on the court.

When he was in F4, he participated in a Maths competition for Hong Kong. He won in the school then came second in the Hong Kong competition. In Form 5, he joined the Hong Kong Olympic Maths Competition. Although there were only about 50 people from Hong Kong, he got a seat for that competition.

After Mr. Lee left CHECSS, he went to



Lee Wing Keung and Tsang Chung Kan

University to study Math for the Business World and Qualitative Analysis. He also did I.T. He is now the senior consultant for an I.T firm for banking consultancy. He thought the Maths skills such as logical thinking and problem-solving skills that he learned in secondary school help him in his present job.

He said, “I would tell the young students to spend some time to study language, Maths, whatever you like. At that same time, you should enjoy your school life. You should expose yourselves to all new things to get many experiences at this age.”

He thinks English is very important because in his job he needs English to help him in many things. Most of the communication in the business world is in English or Mandarin. “So if you have to present yourself to others, you have to have good presentation and language skills.” said Mr. Lee. He thinks English is indispensable.

Mr. Lee Wing Keung feels that today CHECSS is energetic. There is new staff and new things, even though Choi Hung is an old school. He hopes to see new things happening here!

Expose Yourself to New Things



Editor's note: Mr. Lee loves the School so much that he now returns to coach our Boys fencing on Saturdays.



1990 Dr. Vincent Cheng

Consultant
Engineering firm

Dr. Vincent Cheng attended Choi Hung Estate Catholic Secondary School in 1983. He left in 1990 after Form 7. During this time, Mr. Peter Wong was the principal.

At that time, they had a lot of rules, for example, they had to have a tidy uniform. He thought it was good. It was because students should follow rules. It helps later on. Dr. Cheng thought it was self-discipline for him. This was one of the good things he learned in CHECSS. He also had some rules that he did not agree with. When he and his classmates had a lesson the teacher would ask the students to keep quiet and do not move around. He did not particularly agree with this. He thought people should be encouraged to speak out and have discussion openly. For some of the classes, people should be encouraged to speak.

Students had many choices of school clubs to join. Mr. Cheng was in the Basketball and Football Club. It was because he liked sports.

Lam Cheuk Hin and Dr. Vincent Cheng



Ms. Hau. Ms. Y.C. Hau taught him Chinese. He said that she had a great personality.

When Mr. Cheng was a student at Choi Hung Estate Catholic Secondary School, he loved the playground. It was because he and his classmates always played basketball at recess and after school so the basketball court was the favorite place. He also spent a lot of time in the library too. He was there daily.

He thought the school life was quite good and enjoyable. If he was to start again, he would like more extra curricular activities. Also he would pay more attention in class.



Broaden Your Horizons

While Mr. Vincent Cheng was a student at Choi Hung Estate Catholic Secondary School, he had a lot of fun. The memorable things for him were the good friends. They had good times going out playing basketball and football matches. They helped each other.

When Vincent Cheng studied in Choi Hung Estate Catholic Secondary School, he had two favorite teachers. One was his Chemistry teacher, Mr. D.P. Law. Mr. Law was quite open with the students and inspired them. He was very knowledgeable and caring. The second one was

He learned a lot of skills while he was a student. The school life had helped to shape his personality. He said, "If we work hard to develop communication then we can develop our teamwork skills. We should be more open to things but also know that our target is to study. So we should focus and put all effort to achieve the target."

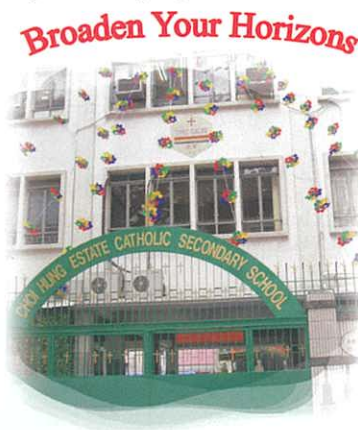
After Mr. Cheng left Choi Hung Estate Catholic Secondary School, he went to the University of Hong Kong. He studied Mechanical Engineering there. After that, he studied and researched for his PhD in the University of Hong Kong. Then he joined an engineering consultant firm.

Mr. Cheng thinks English is important in his present job. It is because his colleagues speak English. They use English everyday with clients. It is the effective way to communicate today, world wide. If you can't communicate in English, you cannot tell other people your ideas.

At present, Mr. Cheng is a consultant with an engineering company based in the U.K. The Beijing Olympia Stadium was worked on by his company.

He thinks Choi Hung Estate Catholic Secondary School is not the most famous school. Choi Hung boys used to be good at sports. He said, "We were in division 1. But we have to be good at something." He thinks the academics here are getting better and better. He thinks students should get more activities to broaden their learning.

Finally, he thinks that Choi Hung boys should enjoy their school life. He said, "Find your interest and devote yourself to your academics and sports. Develop something that will give you skills to make friends and relationships. The world is becoming smaller and smaller, so students should be aware of the world and what is happening. You need a broader perspective. Broaden your horizons."



Boys broadening horizons at an AFS activity and Ethics Interflow with Wah Yan College, Kowloon.

1990 Steven Hung

*Project Operating Manager
Turbo Jet*

Mr. Steven Hung was a student at CHECSS from 1983-1990. While he was here his school life was very memorable to him — the teachers, the environment and the atmosphere of the school. He said they stayed behind after the school day was finished and played basketball and made good friends.

His favorite place was the playground. They played basketball nearly everyday. The same group played every evening. He had also joined the Student Union when he was in Form 5. He spent a lot of time in the Student Union Office. He could chat and study and stay there for hours.

In Form 1, Mr. Hung joined the Badminton, Chess and Basketball Clubs. In Form 4, he just joined the Chess Club.

Steven Hung, after 18 years, still remembers Ms. Y.C. Hau, the Art teacher. She had a great heart and looked after them. The other teacher he remembers was Mr. Cheung. He taught Steven Hung Chemistry and was very knowledgeable.



Steven Hung and Curtis Kong Tak Yeung

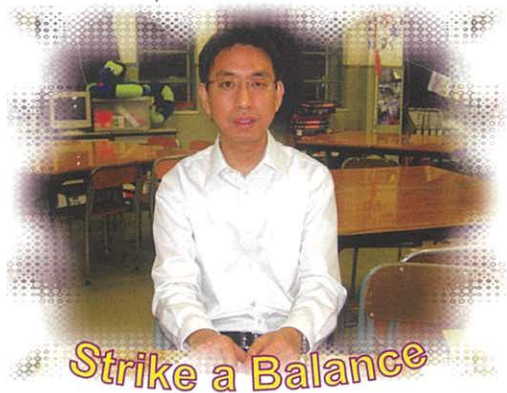
Mr. Hung said he wasn't very naughty. He said, "I was just a follower, so I don't remember any naughty examples. Sometimes, playing basketball gets strange. You are normal but some days you get very lucky and make every shot."

At that time, the principal was Mr. Peter Wong and the discipline master was Mr. S.F. Law. They had some rules to follow. They weren't to wear hair longer than the ear. After school, they weren't allowed to stay in the

classroom. They had to go to the ground floor. They had to reserve a room if they wanted to study. Mr. Hung said, "I felt this was a waste of resources. It would be better if students could use the classrooms."

In Form 6, Steven Hung got a prize for being an above average student. He was the Vice Chairperson of the Student Union at that time. As he was the top student CHECSS recommended him to the government to get the Sir Edward Yu Scholarship.

If Mr. Hung could live his school life over he thinks he would have more fun because he feels there are more things to play.



After he graduated from CHECSS, he went to Hong Kong University to study Engineering. Then he started to work. His first job was for 1 year only. Then he went to work on the turbo jet to Macau, where he has been for 6 years.

There were many skills that he learned at CHECSS that were beneficial to him when he went to work. He said, "When we were young, we learned to be sociable, to make friends and to have the right attitude. This is very important at your age." English is very very important in Steven Hung's work. Any correspondence is in English. He has to use correct vocabulary and grammar. "For every job in Hong Kong now, you have to be good at English," he said. "Now you also have to be good at Putonghua as well but English is the most important."

Steven Hung advises young people today to get the balance between play and study. There are many attractions from outside, so it depends on each individual. "If you can balance it now, you can get other things better later. If you don't study now you can't get it back. You have to decide what is really important to you," he stated.

Mr. Hung doesn't know much about the school now. He thinks the teachers have surely changed. He did return for Open Day but he doesn't come here very often since he has moved to Hong Kong Island.

Strike a Balance



SU election



Chess Club activity



Rainbow Scholarship



Weekly English Morning Assembly

1991 Tze Ying Kuen

Barrister-at-Law

Mr. Tze Ying Kuen first attended Choi Hung Estate Catholic Secondary School in 1985. He was a student here for six years and, subsequently, graduated in 1991. At that time, Mr. Peter Wong and Mr. Job Li were his principals but he couldn't remember who the discipline master was.

At that time, Ms. W.C. Lee was Tze Ying Kuen's favorite teacher as she was his class master in Form 1 and she continued to teach him English up to Form 3.

The playground was the favorite place for Tze Ying Kuen. No matter in recess or lunchtime, he spent time to play basketball there everyday. Besides playing basketball everyday, Tze Ying Kuen also joined the Art Club and the Athletic Club.

While talking about the Athletic Club, he remembered that he was a member of the Athletic Club since Form 3. He also represented the school in inter-school competitions and the Joint Diocesan Schools Athletic Meets. He thought it was good training for his school life. Consequently, Tze Ying Kuen gave a good account of his performance in athletics. He was the individual champion for the athletic meet when he was Form 5.

Tze Ying Kuen also had some memories of some naughty things. He remembers when he was a Form 5 student, some classmates went to see a movie in the afternoon. They skipped school that afternoon in order to see the movie. Also, when he went home, they told lies to their parents and said they had just finished school. He said this was not the right thing to do!

Leung Cheuk Fung and Tze Ying Kuen



After leaving CHECSS, he eventually went to study law at the University of Hong Kong. After he received his Bachelor of Law, he obtained a Postgraduate Certificate in Law and then he became a barrister. The communication skills that he learned at CHECSS help him with his present job. Also he thinks English is very important for his job. The majority of court cases, nowadays, are conducted in English.



Study English and Mandarin

Study English and Mandarin



Tze Ying Kuen feels CHECSS is getting better and better. He also has some advice for all CHECSS students. He said, "Students should work hard in studying English and Mandarin."

► Athletics has become our tradition and no wonder we could produce a 110-page booklet to celebrate the Beijing Olympic.



Ms. W.C. Lee



► English drama: *Bus Stop and Seeds Growing in Good Soil.*



► Putonghua: Students proclaiming the resurrection of Jesus at Evangelization Variety Show and Choral speaking performance.



1992 Chiu Kin Fai, Eric

Solicitor

Mr. Chiu Kin Fai, Eric, attended Choi Hung Estate Catholic Secondary School in 1985. He left the school in 1992 after Form 7. In the beginning, Mr. Peter Wong was the principal and Mr. Law was the Discipline Master. After Form 5, Mr. Peter Wong left and Mr. Job Li became the principal.

At that time, many students had a few rules to obey: keep quiet, be punctual, no talking in class. He never broke the rules except talking in class. He said he was punished many times for talking in class. He felt that he was a good student because he was head prefect in Form 6. But the most naughty thing that he did a lot during the class was talking.

Mr. Chiu joined the Art Club. The teacher was Mr. P.W. Lam who is already retired. Eric Chiu really enjoyed his time in the Art Club.

He has fond memories of his school life. At the time, the relationship between students and teachers was very good. He really enjoyed his school life for 7 years. In his school life, the atmosphere was good and most of the students were good too.

When he was a Form 6 and Form 7 student, Mr. C.W. Kong was teaching his class Biology, Mr. Chiu liked him very much. He was head prefect, so he didn't have to queue up for the morning assembly. He always talked to Mr. Kong each morning and they shared a lot. Mr. Kong taught him how to become a good student and a good person.

Mr. Chiu received an award for his academic results. He said if he could live his school life ever, he would enjoy the school life as much as he did before. But he would work harder. He said, "When I left school and went to work, I realized that I should have worked harder!"

After he graduated from Choi Hung Estate Catholic Secondary School, Eric Chiu went to Hong Kong University. He studied law at University and got a law degree. After he got a law degree, he became a partner of a law firm. He has been in the legal profession since 1996.



Learn Hard and Study Hard



Chiu Kin Fai and Wong Tia Yung

Learn Hard and Study Hard



He thinks that the English he learned at Choi Hung Estate Catholic Secondary School has helped him with his present job. English is very important in his job and in the legal profession. He writes all his letters in English and he has lots of foreign clients, so he has to speak English with them. He also learned to work hard as a student at Choi Hung Estate Catholic Secondary School. He said, "The world is very competitive. Students must learn hard and study hard." This is his good advice for us.

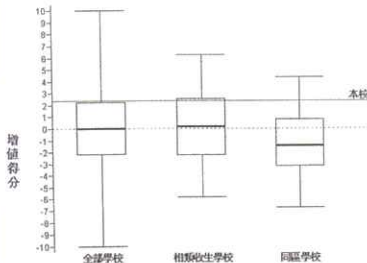
Mr. Chiu Kin Fai sees very good, hard working teachers at CHECSS today. There are air conditioners and computers. The facility and atmosphere is far better than before.



Staff 1989-1990

學校名稱: 彩虹邨天主教英文中學
 群組: 中一-中五

日期: 2008年10月11日
 攝製年份: 2008
 科目: 最佳老師



◀ Mr. P. W. Lam

◀ CHECSS boys have been studying hard, obtaining positively value added CE results for a number of years.

1992 Wong Koon Cheung, Victor

*Electronic Engineer
Best H.K. Pole-vaulter*



Mr. Wong Koon Cheung, Victor, studied in Choi Hung Estate Catholic Secondary School from 1987 – 1992, Mr. Peter Wong and Mr. Li Po Hung were the principals. He is not sure who was the discipline master at that time because it was a long time ago. But he can remember the supervisor was Rev. Vincent Lau, who is not here now.

Mr. Wong had some precious memories in his school life. He enjoyed all of his classmates, the lessons and playing sports after the lessons with his friends. Pole-vaulting was his favorite sport and he practised hard. He became an outstanding pole-vaulter and got the best result in Hong Kong at this event. It has kept until now and no one can get a better result than he. Therefore, he was a member of the Hong Kong athletic team.

He is keen on playing chess, so he spent his free time on it with his friends. As result, he joined the Chess Club and enjoyed winning over his classmates. He spent 3 – 4 hours a week in the Chess room because this was his favorite activity.



Lam Chun Ho and Victor Wong

Mr. Michael Chan, who taught English and was his Form 4 and Form 5 class teacher, was his favorite. He had a good method of teaching, so Victor extremely admired him. Sometimes Mr. Chan got angry but usually he was kind.

Rules are necessary for a school. For example, in those days they could not have any long or colored hair. Victor Wong was a well-behaved student because he thought he must follow all the rules but he also did some naughty

things. He threw some paper airplanes to the ground floor. They sometimes got in trouble for this. He also can remember one classmate who joined his class in Form.4. This student didn't like to study in Choi Hung, so he went to another school. He only stayed half of a year!

Mr. Wong was an active student, so he joined the swimming gala every year and got some medals in it.

If Victor Wong could return to the time when he was studying in Choi Hung, he would work harder and study more. He knew he did not study hard enough. He repeated Form 5 at Maryknoll College then he went to the Technical Institute to study Electronic Engineering. After that, he went to Technical College to continue his study. He is now an electronic engineer.

English is most important in his job because he always uses it to send e-mails and discuss things with people from other countries. While a student at CHECSS, he learnt much basic knowledge, so he thinks his secondary school knowledge was most helpful for him to build up his life.

Mr. Wong had this advice for our Choi Hung boys nowadays. He said, 'Work hard. Play hard.' He reminded us to enjoy secondary school life. It will become a piece of precious memory in our life.

He thinks Choi Hung is still the same. Only the colour of the school wall has changed. He appreciated this chance to return to this school. He thinks it is valuable.

Work Hard Play Hard



1989-1990 Form 3C

1993 Ho Man Kit, Raymond

District councillor

Mr. Ho Man Kit, Raymond, attended Choi Hung Estate Catholic Secondary School in 1989. He left in 1993 after Form 5. He studied in the Arts stream, so after the HKCEE he had to go to another school. When he was in Form 1, Peter Wong was the Principal, and after that it was Mr. Li Po Hung. The discipline master was Mr. S.F. Law.

During his school life, Ho Man Kit had many favorite teachers. He remembered one in particular, Mr. W.H. Chan. He said that Mr. Chan's way of teaching Chinese was special. Raymond Ho appreciated his work because he was an expert in Chinese literature. Chinese was a boring subject but Mr. Chan found a different interesting way to teach students. He also organized many different activities for students.

Mr. Ho said that CHCESS did not have many rules, at that time. He didn't remember any special rules. The school didn't join school functions with girls' schools. So if they contacted girls, the teachers would scold them.

In CHECSS, his favorite place was the Changing Room near the toilet. He thought it was funny that about 40 young boys had to change clothes in a small place.

An interesting memory for him while he was Form 1 student, his teacher, Ms. Hau, cried because many university students died in the Tinanmum Massacre in 1989. As children, they didn't know what happened. They thought she was upset at the students while, in fact, she was upset about the disaster. When he grew up, he understood why she was upset.

Students had many choices of school clubs to join. Mr. Ho joined many. He was the Chairman of the Student Union when he was in Form 4. He was the first Form 4 student to be the Chairman of the Student Union. He also joined the Photography Club. There was a Dark Room then. They could make their own photos with chemicals.

When Raymond Ho was a student, he also did some naughty things. In a boy' school, there were no girls, so they could talk about things as young people. The first time, he saw a pornographic magazine was in this school. His classmate bought one to class at lunchtime and they shared the reading of it. It was very unbelievable for him.



Lee Kwan Fai and Ho Man Kit

At that time, Mr. Ho got a few awards. He remembered he got prizes for book reviews for reading. He also got some service awards for being the Chairman of the Student Union.

Raymond Ho got 2 A's in HKCEE and had to leave our school as he was an Art class student. After he finished Form 7 from another school, he studied at the Chinese University of Hong Kong. He then worked as an assistant in the Legislative Council. Five years ago, he took part in an election in the Sai Kung district. He is now a district councillor. He also writes film reviews and articles about hot issues for a local newspaper.

While being a student at CHECSS, Mr. Ho learnt many skills that help him today. Being the Chairman of the Student Union, he learnt leadership and how to deal with different requests. In a meeting, there may be only 1 hour to look for the solution. So this was helpful to build up his critical thinking and discussion skills for different political policies. Both these things help him in his present job.

Keep The Spirit



Also, English is very important to him because it can help him deal with the media. When he needs to contact different people in Hong Kong and talk in television interviews, he speaks in English. He said that a normal standard of English is very important.

Mr. Ho has some advice for CHECSS students today. He advises us to spend less time on playing TV, or Internet games. He said, "Build up stronger friendships when you are teenagers. Only your friends will help you when you grow up."

Finally, Mr. Ho has some feeling about our school today. He said he hasn't come back much. The school is getting older and older. But the spirit of CHECSS remains. He remembers the school song. (He sang it!) He hopes CHECSS can keep the spirit and help more young people grow up.



4-6-1989, H.K.



Keep the Olympic Flame Spirit

1996 Kan Chun Ngai, Leo

Music composer

Kan Chun Ngai, Leo, studied in Choi Hung Estate Catholic Secondary School from 1992 to 1996. At the time, Mr. Li Po Hung was the principal. Leo said that he was a naughty boy in school but he is now a music composer.

He said there were a lot of naughty things he and the other students did. They would turn on the fan and throw something up. Of course, that thing got broken. He said that he was a bad student at that time and students should not follow his bad examples. Most teachers knew about him because his name was mentioned in teachers meetings.

Don't Be Shy



long hair but the Prefects cut it. He didn't like this!

In CHECSS, he won an inter-class soccer game in Form 2. He was the goal-keeper. They won the gold medal. After leaving CHECSS, he went to Canada where he repeated Form 4, finished secondary school and finally was able to study in McMaster University. He studied Humanities. Then he stayed in Canada for 8 years.



Ngan Tsz Lai and Kan Chun Ngai



Leo joined the Basketball Club, but he didn't like wearing the uniform, so he would go away after school instead of attending the games. Basketball was his favorite sport and his favorite place in school was the basketball court. He was there 5 days a week at every recess and noontime.

Mr. M.N. Lai and Mr. K.S. Yip were his favorite teachers. Mr. Yip was very old and kind and Mr. Lai was nice. He keeps in touch with Mr. Lai. Leo Kan didn't like the school rule which was wearing the hair short, because his friends had



Mr. M.N. Lai

He thinks English is important for us but he doesn't use it in his work.

Finally, he has some advice for Choi Hung's boys: study hard and spend more time at school! Choi Hung boys are very shy. Don't be shy!

Leo Kan said that he misses Choi Hung Estate Catholic Secondary School. He said "It was a nice time here: nice teachers, nice classmates.... I really miss it!"

1997 Yip Sai Kit

Senior Building Services Engineer

Mr. Yip Sai Kit first attended Choi Hung Estate Catholic Secondary School in 1992. He was a student here for 5 years. He graduated in 1997. Mr. Peter Wong was the principal at that time. There were two discipline masters during this time, Mr. K.S. Yip and Mr. S.F. Law.

The rules he remembers are: go to school on time, don't speak foul language and needed to have straight hair. He disagreed with the rule that the students couldn't run in the playground during recess time. He also thinks the school should allow students to have some cool hair-do.

Mr. Yip was the committee member of the Physics Club and Prefect Club and the Student Council. He also joined the Junior Police Corp when he was a senior student. During his time here, Mr. Yip earned some appreciation awards for service to the Student's Council as well as the Prefect Club.

In his memory, CHECSS was a small school. There were not many activity places. During the P.E lesson, half of the time they had to go to the public playground above the car park. This is a Catholic school and they had to study religious subjects that other non-Catholic schools did not have to study. One special thing was, it was a boys school, so no girls students could come here.

There were many teachers that impressed him, a lot. He remembers well his English teacher, Mr. Wong, who was also the Class teacher, during his Form 2 studies.

Many places in the school were favorites for him. He liked the playground. He remembers in the junior classes he played basketball there most of the time. They had the covered playground for playing basketball and an open basketball playground outside. He and his classmates liked to play basketball.

If Mr. Yip could live his school life again he would choose a co-ed school, so he could communicate with girls.

After Mr. Yip left our school, he entered Hong Kong Polytechnic College to continue his education. He studied a course in Service Engineer. This course is related to the construction industry: working with air conditioners and lift installation, fire services, pumpage and drainage. The concept of the design and the cost of these installations will all be learned there. His present job is with a consultant firm as a



Yip Sai Kit and Dominic Chan Sze Hang

Senior Building Services Engineer in which he is mainly involved in the design of the building service system.

Broaden your Knowledge



English is important for his present job as all his correspondence is in English. He needs to write letters, memos, all in English. Also some of his clients and project team members are English. So English is very important in his daily life.

For his advice to students attending CHECSS today, he thinks most of the students concentrate on their studies and they feel the exam results are very important. In fact, he feels that one should broaden his knowledge and be more in touch with what is happening in society. He suggests students should take part in more extra curricular activities and volunteer work in which they can communicate with others. They must

learn how to co-operate with others to achieve the goal of a job. This will be very useful for their future jobs that require co-operation with a partner or colleagues.

The school is improving. When he studied here there was no air conditioning system. During the 40th anniversary here, he came back and visited the campus. He saw the Roof Garden and the Fitness Room. Now there is a comfortable environment suitable for study. The students now are luckier. He said, "I think the quality of the student is improving. For example we did not have an interview like this. Students will have to have a job interview later and this is good training for you. So the student quality is improving."

Teachers' pledge, 40th anniversary



2001 Yeung Kai Chi, Chris

Engineer in aviation

Mr. Yeung Kai Chi, Chris, attended Choi Hung Estate Catholic Secondary School in 1999. He was a student here for 2 years. He left in 2001 after Form 7. During this time, Mr. Li Po Hung was the Principal.

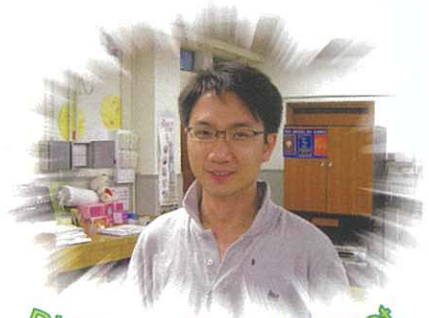
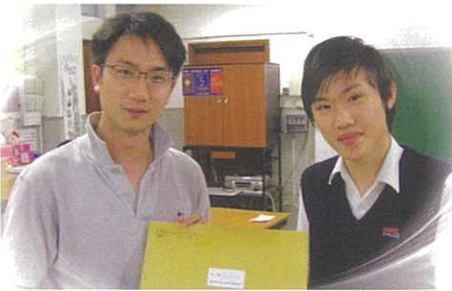
Many of rules they had to obey, as students were the same as we have today. They were not allowed to talk in the class and had to wear the jacket with the logo. He forgot most of the rules but he remembered that they couldn't bring the mobile phones. But he said many students did take the phone to keep in touch with their friends in other schools. He thinks that bringing the phone is not a bad thing, because it depends on how you use the phone.

Mr. Yeung was the Vice-Chairman of the Conservancy Club and the Model Club. He says he can't tell all the naughty things. Most of his class was very naughty including him. Always when the bell rang they all would rush into the class. In one corner, there was a group playing cards. In the other corner, there were students playing chess and in the middle there was a group sleeping. He thinks that he was with the group sleeping! He said, "I was very naughty back then."

When Mr. Wong was a student at CHECSS he loved the garden because it was relaxing after the stress of the heavy workload. They used to go to the garden to chat and to share. They went there every chance they could.

Mr. Yeung was only here 2 years so he had contact with only a few teachers. The best relationship he had was with Ms. C.F. Lam. She was his Chinese teacher. He was good in Chinese so they had a good relationship.

Yeung Kai Chi and Wai Hei Man



Chris Yeung remembers that he got a prize in a Chinese writing competition. Another time the Art Club sponsored a contest. He entered just for fun. One morning it was announced that he was the first runner-up in this contest. He thought it was a joke! He couldn't believe he had won.

If Mr. Yeung could live his school life over, he would want CHECSS to have some girls here. However he feels that he learned to communicate with different kinds of personalities while a student at CHECSS.

He said, "In my old school, the students were very good. When I moved to CHECSS, I saw students with a different style so I had to learn to communicate with them."

When Chris Young left our school, he went to university to study Mechanical Engineering. He now works as an engineer in aviation. He said that English is so important in his line of work that he can go anywhere in the world to work. It is the only language used in his field. As for advice for CHECSS students today, Chris Yeung suggests that we should discover our own interest. Then we can make a good choice in our university subjects. He said, "It's very important to study something that you are interested in."

He thinks we have many opportunities at CHECSS today. He sees groups like air cadets and feels that students have many opportunities to learn different things.

Discover Your Interest



Ms. C.F. Lam



Gardening activities at CHECSS nowadays.

2002 Leung Hong Kiu, Gary

Teacher, CHECSS

Mr. Leung Kong Kiu, Gary, attended CHECSS in 1995 and he graduated in 2002. At that time, the principal was Mr. Li Po Hung. The discipline master was Mr. K.S. Yip from 1995 to 1997 and Ms. M.Y. Li from 1998 to 2002.

Mr. Leung's unforgettable memory was the Drama Club. He remembered it very clearly. There was drama rehearsal after school every day. And then, when he was in Form 3 – Form 7, he had a competition outside each year with lots of secondary schools. He put on different plays each year. He spent lots of time on it, so it was unforgettable.

The Drama Club certainly was one of his favorite clubs. And the second club was the Prefect Club because he was a prefect from Form 3 to Form 7. He was also a member of the Student Council. He joined it in 2001 when he was Form 6 student.

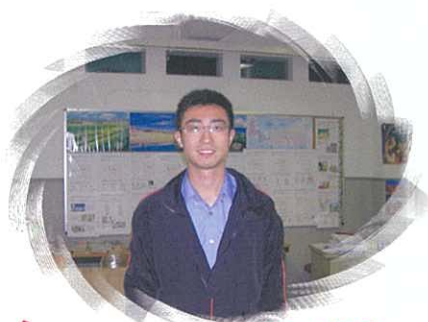
The School Hall was the facility that he liked the most. It was the biggest place and it was large enough for drama performance. There was a stage to practise and play around on, so they had happy times doing rehearsal there.

Mr. Leung was good at studying and he thought he had learned lots of things from teachers. He preferred two of the teachers, Mr. K.K. Lee and Ms. W.C. Lee who taught Chinese and Biology. Mr. K.K. Lee taught him extremely good techniques and he was good at teaching Chinese communication skills. This skill really helped him for his life after he graduated from CHECSS. The other teacher was Ms. Lee. He learned lots of techniques from her. This was really useful and could help him in the HKCEE. Ms. W.C. Lee taught Biology very attractively, so it made him more hard-working, more interested in it and well prepared in this subject.

Yuen Ka Lok and Leung Hong Kiu



students could play basketball or table tennis without teacher supervision. Another one was why we couldn't be a co-ed school. He wanted some girls to study together.



Learn Self-initiative

The school rules weren't serious because all the students were obedient. They could eat everywhere on the playground floor, not like now where students must eat near the tuck shop only. The rules were simple, such as wearing a full set of school uniform. He also had some rules he didn't want to obey. The rule that he disliked the most was after 4:45 p.m. they couldn't stay at school without teacher guidance. He thought students could stay because when they went outside, they might mis-behave. That would be bad for CHECSS. He suggests that



Champion among 26 DSC schools

Although Mr. Leung really didn't like those two rules but he hadn't told anyone about this when he was a student here.

For his awards, Mr. Leung remembered that he had gotten second runner-up in the Hong Kong speech festival when he was in Form 7. It was memorable. Secondly, we all know our school is good at athletics. He joined the inter-house relay team and he got a bronze medal. He thought it was a miracle for him to get a medal in a good athletic school.

If he could go back to be a student, he would spend more time to study. He spent too much time on drama and had a poor result in HKCEE.

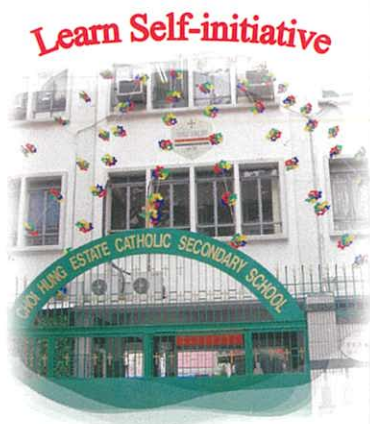
After he graduated, he attended the Chinese University of Hong Kong. He had to study in two areas, the major subject was Physics and the minor subject was Mathematics. After a few years, it was fortunate for him to become a teacher and join Choi Hung again. He thought it was his pleasure for him to join this family, CHECSS, again.

While being a student at CHECSS, Mr. Gary Leung learned a lot. He learned communication skills in Chinese from Mr. K.K. Lee. This was useful because he could transform these skills to general communication skills, including using gestures, voice control and those things. When he was teaching, he could use those kinds of skills. Ms. S.L. Tsai, in her English lesson, told him that they needed to have critical thinking skills to prepare for university life. Mr. Leung agreed and thought that is important to his present job.

English is important for him to be a teacher. He must teach in English in Form 6 – Form 7 lessons. So it is useful and helpful to his present job to teach students in English.

He thinks today's Choi Hung guys should learn what self-initiative is because as a student, teachers may give you many things. But you can throw it away! If you have self-initiative you can put it again back to your brain. It helps students. It is important to have initiative and respect others.

Nowadays, he is also a member of the teaching staff. He thinks the staff hasn't changed a lot but students have changed. Many of the classmates that he knew have left. Actually he thinks CHECSS now gives him the same feeling as when he was a student here.



2003 Wong Chi Sum

Personal Physical Trainer

Mr. Wong Chi Sum first attended Choi Hung Estate Catholic Secondary School in 1996. He was a student here for 7 years. During this time, Mr. Job Li was the principal and Ms. M.Y. Li was the discipline master.

Mr. Wong said the teachers were kind and patient. He was on the athletic team, so he always went to the Gym Room to train himself. So his favorite place in Choi Hung was the Gym Room. Naturally, his favorite teacher was Mr. K.Y. Sun, who was the teacher in charge of the athletic team. Mr. Sun also helped him to join the Hong Kong Athletic Team.

The only rule he remembers is that Choi Hung boys can't have long or colored hair. He didn't agree with this rule because he thought we should be able to have long, colored hair.

Have On-going Study



Wong Chi Sum received many prizes as a student, such as medals for running in inter-school races. He could finish 100M in 10.87sec.!

He said that if he could live his school life over, he would want to have a bigger school. He said, "It was a sub-standard campus."

Now Wong Chi Sum is a personal physical trainer. He felt that the experience of sports training that he received at CHECSS could help him with his job. Also, he thinks English is very important in his job. It is because he always works with western people. He said that

when western people come, they go to get a trainer who knows English well.

Lastly, he said that all the Choi Hung Boys should work hard in English. He said, "You should prepare a schedule for study and work. If you have on-going study, you can do anything." Wong Chi Sum feels that Choi Hung Boys love their School.



2004 Chan Wing Kuen

Engineer

Mr. Chan Wing Kuen attended Choi Hung Estate Catholic Secondary School in 2002 when he studied Form 5. He left in 2004 after Form 7. During this time, Mr. Job Li was the principal and Ms. M.Y. Li was the discipline master.

At the time, students had to obey the school rules, for example, keeping the hair short and not gelling the hair. Although Mr. Chan agrees that students should obey the rules, Mr. Chan Wing Kuen didn't agree with 'not gelling the hair.' It was because, every morning, his hair was very untidy, so he liked to gel his hair before coming to school.

At the school, his favorite place was the roof garden because it was very nice place and he could concentrate on his work. So, he went there every day.

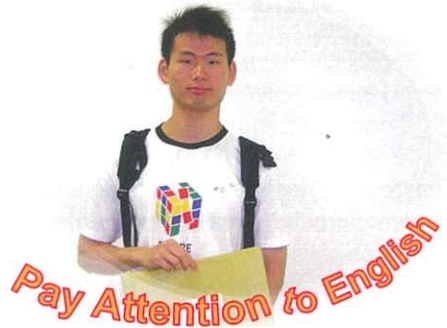
When he studied in Choi Hung Estate Catholic Secondary School, it was his first experience in a boys' school. He felt surprised that some boys played very crazily. They would try to hug and kiss each other. This he thought was very crazy. He never saw this in his old school, which was a co-ed school.

Chan Wing Kuen and Hui Shing Kwan



In his company, English is very important because his company is a China company. He doesn't know Putonghua, so he has to use English instead. One of his fond memories was translating the morning assembly announcements for the NET teacher. He said, "I enjoyed this and it really helped improve my English."

If Mr. Chan Wing Kuen could live his school life again he would pay more attention to sports or cultural things like music. He feels that after he goes into society and gets a job, he has no time for learning these things.



While he was a student at Choi Hung, his favorite teacher was Ms. M.W. Lau, who was his religion teacher. She made him think more about the meaning of life. For that, he thanks her very much.

After Chan Wing Kuen graduated, he went to university to study Civil Engineering. Then he got work in a construction company as a graduate engineer.

The most important skill that he learnt from school is to be hard working. It helped him to face the competition.

Pay Attention to English



Finally, Mr. Chan Wing Kuen advises us that we can be weak in other subjects but not English. He said, "My friend only graduated from Form 5. He worked as a waiter. Because of his good English, after a year, he could be promoted, so he got a big raise in money. Many waiters work in Disneyland, so they must know English to speak to the tourists."

Mr. Chan feels that CHECSS students are well disciplined. He said, "My old school didn't care so much about untidy uniform and gel hair."

Ms. M.W. Lau with boys in rural China.



The Religious Committee has been organizing China Rural Experience Camp for many years.



English enhancement activities

2005 Wong Kwok Keung, Kirk

*Student, Policy Studies and Administration,
City University of Hong Kong*

Mr. Wong Kwok Keung, Kirk, first attended Choi Hung Estate Catholic Secondary School in 1998 and he graduated in 2005. During this time, Mr. Li Po Hung was the principal and Ms. M. Y. Li was in charge of discipline.

At that time, the rules, which the students had to follow, were very normal, such as keeping the hair short, going to school punctually and so on. But among these ordinary rules, Kirk didn't agree with the one, which told students to leave school at 4:45 p.m. He thought that this rule could adversely affect the development of the students. "At that time many students just went home to play computer games and watch TV. So if they could stay at school for a longer time, they could study longer and also learn from their classmates and teachers," he said.



*Put More Effort
Into English*



*Tom So Tsz Chung and
Wong Kwok Keung*

As for fond memories of his school, Kirk has many. He remembers participating in a lot of inter-class competitions and public forums in GPA. He enjoyed all the interaction with his classmates everyday from 8:30a.m. -3:30p.m.. There was a lot of sharing about their studies and what they did outside of school. So the very good friendships are a wonderful memory.

Kirk received many awards as a student at CHCESS. He got recognition for his writing in a Chinese Writing competition. Also, when he was in Form 5, he took part in a charity walk and he got an award for collecting the most money. He remembers that one because a celebrity presented the award to him!

If Kirk could live his school life again, he would definitely shift to take Arts rather than Science. "At that time we had 3 Science classes but only 1 Arts class. In addition, the students of the Arts class must go to another school after Form 5, as the

Put More Effort Into English



school had no Arts classes for Form 6. Therefore, we thought that Science was better than Arts and the school encouraged us to take Science. But now I realize that I like Arts more and I'm sure I would have done better if I had chosen Arts at that time."

His advice to us is to put more effort in English. He said, "English is an international language and it's very important. If your English is good, you can find a job easily and have a better chance for promotion." He doesn't understand why CHECSS always focuses on other subjects instead of English, especially in Form 6 and 7. Both English and Chinese can be very influential in the career development of students.

Today, Kirk feels that our school is pretty small! When he was in Form 1, he thought it was big! He feels CHECSS is like another home. When he comes back he still feels the connection. He feels very warm when he returns here.



Ms. Y.Y. Chan



Liberal Study activities: interview and visit

2007 Yu Chi Siu

*Student, Civil Engineering,
Hong Kong University
H.K. Javelin Record Holder*

Yu Chi Siu studied in Choi Hung Estate Catholic Secondary School from 1999 to 2007. At that time, Mr. Li Po Hung was the principal. During these seven years there were so many good memories for him. And these good memories were kind of a family feeling with both teachers and classmates. They were all very kind to him. Of course it also included Mr. Yu's favorite, sports.

The Gym Room, 302, and 7B classroom were all Mr. Yu's favorite places in CHECSS because he spent a lot of time in all these rooms. His most favorite place was the Gym Room. There were so many successes and failures there. Usually he was dripping with sweat after the training. Then he always studied in or got a punishment in 302. And then he had a lot of memories and experience with his classmates and favorite teachers, Ms. C.F. Lam, Mr. K.Y. Sun and Mr. K.S. Cheung, in the 7B classroom.

Mr. Yu was very good at sports and he joined many clubs, for example, Athletic and Volley Ball Club.

When Mr. Yu was a student here, he was a teenager so there were some naughty things he would do. For example he threw some scrap paper out of the window. During the class sometimes he would make little scrap papers and shoot them around. At that time, the discipline masters were Mr. W.T. Li and Ms. M.Y. Li. It was so lucky that they didn't punish him.

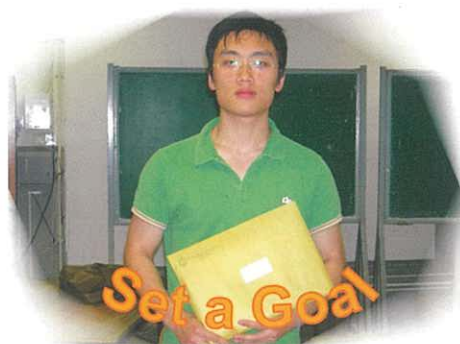
Yu William Yee Loi and Yu Chi Siu



Mr. Yu was a very obedient student but there were some school rules he did not agree with. For example, he disagreed with the rule that demands students to wear the school jacket when it is under 16°C.

During these seven years, he got so many awards in sports. Everyone knows that he is holding the H.K. javelin record and is a member of the H.K. Team. But there were too many awards for him to remember.

Now Mr. Yu is studying at Hong Kong University in Civil Engineering. But he still trains for javelin. If he could return to be a student at CHECSS, "There is nothing much I would change. I think, if it is possible, the Student Union should promote other activities, not just focus on athletics," he said.



Set a Goal



“The most important thing is English if you want to study at University because, there, all the notes are in English.”

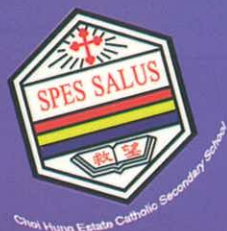
As for advice for CHECSS students today, he said, “I think all boys are a little naughty – it is normal. But I suggest students should set a goal and have something to strive for. They have to develop an interest in something, sports or academics. The most important thing is to keep a goal in mind and try to achieve it.”



▲ Mr. K.Y. Sun and the Athletic Team, 2008

QUESTIONS FOR THE OLD BOY INTERVIEW:

1. Which years did you attend CHECSS?
2. What fond memories do you have of your school life?
3. What was your favorite facility in CHECSS? Why? How much time did you spend there each week?
4. Which clubs did you join?
5. Who was your favorite teacher and why?
6. Tell me some naughty/funny things that you or your classmates did while a student at CHECSS.
7. Who was the principal at that time? Who was the discipline master?
8. What were some of the rules you had to obey? Which rules didn't you agree with?
9. Did you receive any special awards as a student? What for?
10. If you could live your school life over, what would you change?
11. What did you do after you graduated from CHECSS?
12. What subjects did you study at University?
13. What is your present job?
14. What skills did you learn while a student at CHECSS that help you with your present job?
15. How important is English in your present job?
16. What advice do you have for CHECSS students today?
17. What is your present feeling about CHECSS?



The Way We Were 11



Choi Hung Estate Catholic Secondary School
English Project 2007-2008